



**South Salem Seniors Inc.
Newsletter**



Hello Fellow Members

This month's important message - "And what is so rare as a day in June? Then, if ever, come perfect days." by James Russell Lowell and immortalized here in the South Salem Senior Center's newsletter. I'm looking forward to a month of perfect days.

It's almost perfect here at the Center, if only we had a volunteer graciously step forward and run for the coveted Office Manager position. We've been lucky enough to have wonderful volunteers come forward and run for all of other open positions – President, Vice President, Treasurer, Secretary and 2 open board positions. Do you have some free time and want to use your talents to help out the Center? If so, we're here to provide you with the opportunity to be a part of our volunteers. There are signup forms available at the front desk and you can talk to any of the currently serving members.

Through April, the first 8 months of the our fiscal year, we're approaching 10,000 volunteer hours. I know that when the numbers for May are added in we should be approaching 12,000 because of all the additional hours volunteers put in for our Spring Rummage Sale. And, wow did it pay off. The proceeds from the sale was a few hundred dollars shy of \$10,000! Evidently this is the best sale's result since before COVID.

Since the annual cost of membership has remained the same for many years, the board proposed increasing the membership to \$25 annually with a corresponding increase in our lifetime memberships. The increase is in line with many of the other local area centers and significantly less than some, especially since we're open 5 days a week as a totally volunteer facility and, since we've eliminated member's fees for the normal usage of our clubhouse facilities. Approval of this increase required a vote at our quarterly Membership Meeting in May. The increase was unanimously approved and will become effective when our new fiscal year starts September 1st. There is a complete list of the breakdown, by age (younger member's lifetime memberships cost more), of the new lifetime membership costs at the front desk. Bare in mind that current rates are good until the beginning of September.

We are a very active Center with many activities, and we seem to be adding more all of the time. If you want to play games, socialize, add a hobby or an exercise program, come down and visit. Later in the Newsletter you'll find a schedule of activities. Or, perhaps you want to add an activity, if so, come down and we'll see what we can do.

President Gary M

Dates to make note of:

June 3rd – NW Medicare Advisors - Walk-In Meeting 11:30 am –12:30 pm

June 11 & 12 – AARP Driver Safety Class (call us to register at 503-588-0748)

June 11th – Board Meeting 10:30 am

June 19th – Juneteenth Federal Holiday – The Center will be closed

June 20th – The Friday after Juneteenth – The Center will be closed



Spring Rummage Sale a Big Success

Pictured above are Steve Yantz and Karen Rudolph who set up shop in the Lobby on Friday. Their country and easy listening music style fit right in with the upbeat atmosphere as shoppers lined up at the checkout tables to pay for their purchases. According to Center Treasurer Karen Sloan, the two-day event generated the highest sale income in recent years. Thanks to all the donors to Nifty Thrifty, the Gift Shop and Book Store for their generosity and to all the hardworking volunteers who make this on-going event successful.

Nominating Committee Report

Currently, there are candidates for each position, except the **Office Manager**. If you are interested in running for Office Manager, we are looking for you! Please see Pam Panther about the duties and any questions. Nomination forms are available at the Front Desk.



Card Making Clinic Fun For All

Pictured above is Center member John Eells along with the folks who participated in his recent two-hour workshop on card making. His technique and the beautiful results amazed those in attendance. It could have been a tough audience as many are members of our Second Wednesday card making group. But their happy faces tell the story as he received not only a round of applause but many compliments regarding his in-depth instruction. And everyone went home with a card.

Meet the A Team

Ever wonder what the men often seen in the Lobby early mornings are up to? It's the "**A**" (**Always Available**) **Team**. From picking up donations, the set up and take down of events, helping folks dropping off donations and handling routine maintenance chores, their support is one of the underpinnings of the Center's success. Please note that they likely agreed to a team name recently just to get on with what they were doing and away from the pesky reporter. Look for an article on the Team's recycling project in the July newsletter.

Quilting and Sewing for Fun

We welcome any interested member to come participate with our Quilting and Sewing group. If you like, just stop in the Craft Room on Fridays to see some of the crafty work we have completed or are contemplating to complete. We work on a variety of articles and sew for ourselves or for charitable giving. Thanks to those who have kindly made donations and contributions. If you have need of minor clothing alterations, replace buttons or zippers, feel free to contact me to see if we may help you for a small donation to SSS for the effort.

Notice for Card Players: I have designed and developed a handy playing card holder. See picture below for examples made from odds and ends of fabrics, recycled CD or DVD media and buttons. I am making these as a 'fund raiser for SSS Quilt Group and will sell them for \$5.00 apiece. This has turned out well for holding cards for all ages. I have used donated cotton fabrics and can make to order with fabrics of your choosing if desired. If I can get enough made up, they can be acquired by visiting us on Fridays or at the Front Office. I quickly the ten I had available when going to Rog's state bowling on the weekend of May 10, so more are being made.

Quilt Raffle: Also from our group, a quilt to Raffle made by Jayne. Quilt blocks are made from donated cottons and jean fabrics and has a brown print backing. The quilt measures 58" x 46". Quilt will be displayed in the SSS Lobby with raffle tickets for sale at \$1 per ticket or 6 tickets for \$5.00, also as a fund raiser for SSS Quilt Group. Raffle drawing to be done on the August Membership meeting. We still have other quilts for sale.

All in our group are working on new projects, so stop on in and see what we are working on. Sew until next month, Laurene Brousseau – call the SSS Business Office

503-588-0748 or come in Fridays 11 – 3:30 and see what we are sew happy to share with you!

Laurene



Current Weekly Activities

Mon	Needle Crafts	12:00 pm - 3:00 pm	Card Rm
"	Energize with Linnea	10:00 am - 11:00 am	Bingo Rm
"	Single Deck Pinochle	10:00 am - 2:00 pm	Meeting Rm
"	Jewelry Class	10:00 am - 12:00 pm	Card Rm
"	Mahjong	12:00 pm - 3:00 pm	Craft Rm
Tue	Bridge	11:00 am - 3:00 pm	Card Rm
"	Cribbage	1:00 pm - 3:00 pm	Dining Rm
"	China Painting/Arts	10:00 am - 2:00 pm	Craft Rm
"	Line Dancing	1:00 pm - 2:00 pm	Bingo Rm
"	Garden Club	1:00 pm - 3:00 pm	3rd Tuesday Mtg Rm
Wed	Life Story/Writers' Group	10:00 am - 12:00 pm	Card Rm
"	Chinese Dance	10:00 am - 11:00 am	Bingo Rm
"	Rummikub	12:30 pm - 2:30 pm	Card Rm
"	Chess	10:00 am - 12:00 pm	Dining Rm
"	Book Group	1:00 pm - 3:00 pm	3rd Wednesday Craft Rm
"	Chair Exercise	1:00 pm - 2:00 pm	Bingo Rm
"	Creative Card Making	1:00 pm - 3:00 pm	2nd Wednesday Craft Rm
Thu	Hand & Foot Card Game	10:00 am - 3:00 pm	Card Rm
"	Scrabble	11:00 am - 3:00 pm	Card Rm
"	Tai Chi/Yoga	10:00 am - 11:00 am	Bingo Rm
"	Osteo Dance	11:00 am - 12:00 pm	Bingo Rm
"	Drop in Studio	1:00 pm - 2:30 pm	Craft Rm
Fri	Mexican Train	10:00 am - 3:00 pm	Card Rm
"	Double Deck Pinochle	12:00 pm - 3:00 pm	Card Rm
"	Quilting Group	11:00 am - 3:00 pm	Craft Rm
"	Mahjong	12:30 pm - 3:00 pm	Card Rm
"	Life's Journey Woman's Group	1:00 pm - 2:30 pm	1st Friday of the month Mtg. Rm

Aging Smart

Resilience

Let's talk about resilience, starting with our Center and our membership. We are 600+ strong, according to the newsletter roster. Many are new to the area, hoping to make new friends and participate in the community through membership activities. Some have been with the Center for many years, watching it grow and prosper despite the pandemic scare and the ebb and flow of member life. But throughout it all, we remain curious, friendly and practical about changes and adaptations we need and experience as time passes.

The Center offers activities like pool, cards and crafts, with chores around the Center mainly coordinated by our volunteer men.

Women coordinate much of the rest. But you can't help but wonder, is there something that both men and women could do together that would be consistent, enjoyable and of service – with maybe with a little teamwork and social connection to boot?

There exists a men's initiative, acronym ROMEO, that does not offer romance but simply offers a chance for men to get together for some restaurant food and conversation - "Retired Older Men Eating Out."

The Center has a really nice and safe - but unused - dining space. With a little coordination we might try setting up a member dining activity here at the Center— or maybe a Members Dining Club? People can sign up ahead of time and we can all haul out those crockpots, coffee pots and potluck recipes. Even serving soup and sandwiches or having pizza together would be enough, as long as there is camaraderie and of course, laughter.

But the main idea is to find a place to sit and get to visit with other members in a relaxed environment. Maybe be able to bring a guest or visiting family member. Read a book, do a quick puzzle, crochet in peace – show off pictures of grandkids. All possible.

Any suggestions, drop them in the Suggestion Box in the lobby. And stay tuned as we figure this one out. This Center needs to stay alive.

Michi

May Birthdays



Arturo, Charlene, Lael, Irene and Agnes

Happy Birthday!

Thank you to everyone who volunteered and came to shop. Your participation was the success to our Spring Rummage Sale.

Gross receipts from the two-day sale are as follows:

Books/Puzzles	\$ 891.00
Garden Club	\$ 1,450.00
Gift Shop	\$ 1,663.50
Nifty Thrifty	\$ 5,623.75
Total	\$ 9,629.15

New Members - March 18-April 21

**Thank you for supporting
South Salem Seniors, Inc!**

Sharon Johnson

Sue Irving

Valerie Stone

Terri Hanson

Lisa Aragon

Caren Ann Jackson

Shelley McAlpine

Elaine Hultengren

Howard James

Angela Cockayne

Jennifer Duran

Terri Pickerel

Leslie Moss

Jan Haller

Michael Van Hoenel

Writers Group

We all have our burdens.

We all have some pain.

Don't carry it around.

Come write it down.

Free flow your memories.

See what you've got.

Know that all is

Surely, naught for not.

Write to understand life.

Write to fully inquire

Why you are here

and who you really are

Hope, joy and wonder

are yours to possess.

That's just the starter.

You can tell us the rest.

-John Brandeberry-

Each Wednesday 10:00am until 12:00 noon (or so)

An Invitation to all Volunteers

Just a reminder that the annual Volunteer Recognition pizza party is scheduled for Saturday June 14th and you're invited. If you've already signed up, no need to call the office. However, if not signed up or responded to the recently mailed invitation (or haven't received one), please call the office to join the fun. In addition to great food and a chance to socialize there will be several raffle baskets up for grabs with the free ticket you will receive at the door.

SCHEDULE YOUR BUS TRIP NOW FOR SEPTEMBER

Call: 503-588-6303

Ask for Travel Desk: 10:00 am -12:00 pm / Monday - Friday .

After Hours Call: Janice Morgan 408-219-1615 morgan.jloki@gmail.com .

Pick-up and drop off: City of Salem 50+ Center, 2615 Portland Rd NE, Salem.

Hold one of 24 seats: Call today - pay later - phone or in-person.

Calendar:

Sep 4 \$ 38 Swan Island Dahlia Festival - OPEN

Sep 8 \$ 58 Oregon Zoo - OPEN

Sep 20 \$ 85 Theater: Dial M for Murder - OPEN

*Prices are for Salem residents, out of Salem participants pay a little more.

*Bus trips for June, July and August are mostly FULL with WAIT-LISTS.

Thank you for all that you do!

--

Janice Morgan

morgan.jloki@gmail.com

Mobile 408-219-1615

Gardening Group

Hello to all the fantastic people who made our Spring plant sale an amazing success!

We made a whopping \$1600+ for the Center! It wasn't just the club members, but also the maintenance guys who set things up, all who donated plants, Michi and her friend who offered pottery and flower arrangements, and the other senior center volunteers who stepped in when we most needed extra help. Thank you all so very much!

Now we need to be looking at the October sale and planning what we might bring to it. Those of you who took leftovers home, consider taking good care of the perennials and other Fall/Winter plants to offer at that sale. We can discuss this more at our meeting. Anyone needing pots should contact Rose first, or Sandy if she doesn't have what you need. We hope to see you all at 1:00 on June 16 in the meeting room.

Questions or suggestions, call us!

Sandy 503-851-8250

Rose 503-581-4632

Happy Father's Day from the Gift Shop!

Here are some treasures we currently showcase:

*Fostoria Glassware: Goblets, Cups and Saucers, Bowls, Serving Platters;

*Cristal Vases and Bowls – including a Waterford Bowl;

*One set of 9 Books by Laura Ingalls Wilder;

*Several Beautifully Handmade Crochet Throw Blankets.

Check out our large selection of jewelry, figurines and much more.

Come see us, Ciao, Ciao! Renata

Needlework Group News

Needlework Group continues to meet regularly on Mondays from 12:00 to 3:00pm in the "Card room" close to the library and the pool table. We usually have a group of 20 or more crafters busy knitting, crocheting, weaving or embroidery. We are a lively group and are always willing to help beginners and novices. Some people work on their own projects and other work on items we donate to community nonprofit organizations who appreciate our gifts. We try to consider the upcoming holidays by making seasonal items. The

veteran group always appreciate our red, white and blue hats, scarves and lap robes we provide. Come join us anytime and we can get you started.

The picture this month is of a lovely baby blanket made by one of our long- time members.



Claudia Roberts

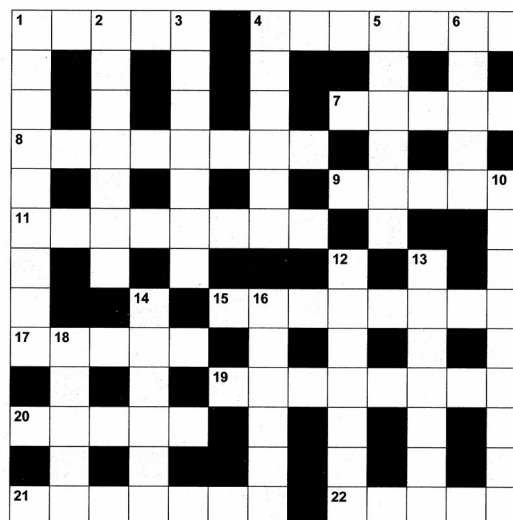
Happy Father's Day from the Nifty Thrifty Staff!

We don't mention it often enough, but we have a great line of men's wear from jeans to shirts, outer shorts, caps and shoes. Just ask any of the friendly staff for help. They will be happy to show you where things are on display.

We have recently thinned out and rearranged shelves accordingly to size which we hope will make shopping easier. Also we urge everyone to use the bathrooms as "try on" areas.

Thanks for giving us the chance to be of service!

The Staff

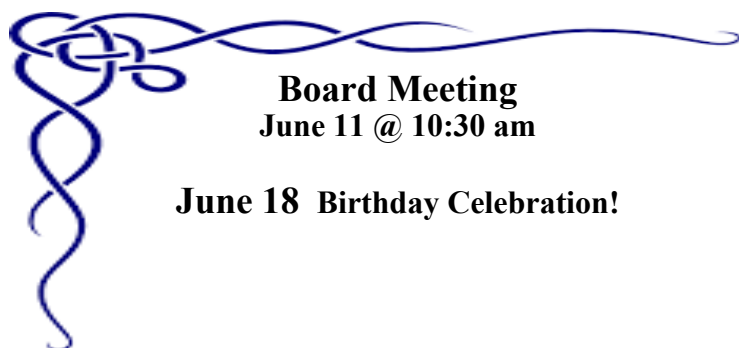


Across

- 1 - Exhaust gases (5)
- 4 - Mundane (7)
- 7 - Worthy principle or aim (5)
- 8 - Intrinsically (8)
- 9 - Precious stone (5)
- 11 - Period during which you live (8)
- 15 - Playful (8)
- 17 - Not as expected (5)
- 19 - Male child of your child (8)
- 20 - Fragile (5)
- 21 - Big cat (7)
- 22 - Declamations (5)

Down

- 1 - Unproductive (9)
- 2 - Enlarge (7)
- 3 - Enactment (7)
- 4 - Examination (6)
- 5 - Capital of New South Wales (6)
- 6 - Republic in S Europe (5)
- 10 - Gracefulness (9)
- 12 - Smasher (7)
- 13 - Task (7)
- 14 - Tips and instruction (6)
- 16 - Brandy distilled from cherries (6)
- 18 - Stern (5)



Board Meeting
June 11 @ 10:30 am

June 18 Birthday Celebration!

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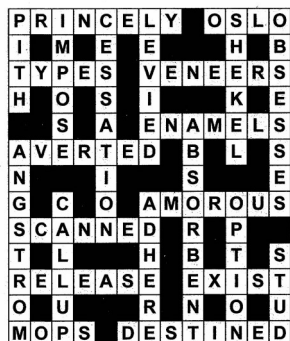
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Solution for May 2025



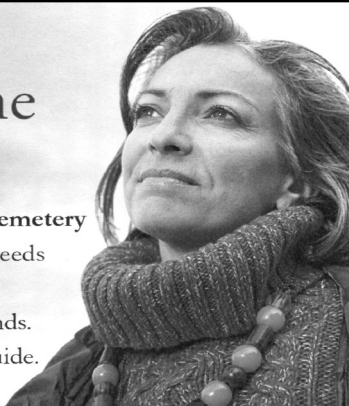
MEDICARE INFORMATION & ENROLLMENT MEETING / WALK-IN

NW MEDICARE ADVISORS with Linnea

TUESDAY June 3
11:30 AM – 12:30 PM

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Monthly Publication**

Articles and editorials printed in the SSS Newsletter reflect individual opinions and are not necessarily the Center's opinion.

Advertisements in the SSS Newsletter do not necessarily carry the endorsement or guarantee of this organization.

Would you like to write an article for the newsletter? Have something to share? Drop your article off at the front office or email it to arturojg@comcast.net Deadline for submissions is **June 13** for the **July 2025** newsletter.

South Salem Seniors, Inc.
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You can receive your newsletter by mail, email or reading on the website: Call **503-588-0748**

If your membership expiration date is highlighted in yellow, please renew to support SSS Center.
 Please advise the Business Office for any changes in address or status. Thank You.

Looking to downsize?

We're here for you every step of the way!



Jeff Harrison
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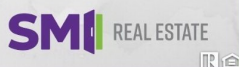
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2025 AARP Driver Safety Classes

Call **503-588-0748** between 9:00 am - 3:30 pm
 To make reservation.

June	10 & 11
July	8 & 9
August	12 & 13
September	9 & 10
October	14 & 15
November	11 & 12
December	9 & 10



South Salem Seniors Business Hours
Monday – Friday 9:00 am to 3:30 pm

Nifty Thrifty and Gift Shop Hours
Monday – Friday 10:00 am to 2:00 pm