



South Salem Seniors Inc.  
Newsletter



**New Change to Marion-Polk Food Share Meals Pick-up see page 3**



Hello Dear Members and Friends,

Happy Mother's Day!  
Auguri a tutte le Mamme!

On April 13 we held the Volunteer Pizza Party with very good pizza from Paddington's. Thank you Paddington's Pizza for making it possible by giving us a nice discount! Thank you to all our Volunteers for coming and for all that they do!

In regards to our building maintenance, we still have a little roof leak here and there but nothing major. On May 27, Memorial Day, the air ducts in our building will be professionally cleaned. This job has never been done, so it's time. After that, we are planning to remove all the white panels around the Bingo and Dining Room (which we found out they are not acoustic), paint the rooms and have professional acoustic panels installed in hope to remove some of the echo, echo, echo....in those rooms.

The Spring Rummage Sale will be held on Friday May 3 and Saturday May 4, from 9 am to 4 pm.

**Please attend the Membership Meeting on May 15 at 10:30 am and vote for the change in the Bylaws:**  
Change the name of the Budget & Finance Committee to the Finance Committee in Article VII, Section 4. Treasurer, Paragraph f, and Article VII, Section 2, Title and Paragraph a.  
Remove Article VII Section 2 paragraph c.

**Got questions about the Medicare program?** Linnea from NW Medicare Advisors can answer them for you and help you navigate thru the complexity of the Medicare Program. She will be at the Center **May 13**, between 11:30 am and 12:30 pm.

*The election for the new Board will be held in a couple of months. Nominations will be accepted for all officer positions: President, Vice President, Treasurer, Secretary, Office Manager and two Directors. If interested, please submit a brief statement of your qualifications for the position you are applying to the Nominating Committee headed by Irene Johnson **by June 15**.  
Be part of the team and share your expertise with us!*

**Mark your Calendar:**

- May 3 & 4 - Spring Rummage Sale 9:00 am - 4:00 pm
- May 7 & 8 - AARP Driver Safety Class (call us at 503-588-0748 for more info)
- May 8 - Board Meeting 10:30 am
- May 13 - Medicare Information and Enrollment - Walk -In 11:30 am - 12:30 pm
- May 15 - Membership Meeting 10:30 am
- May 15 - May Birthdays Celebration - Cake at 11:00 am

May 1, 8, 15, 22, 29 - Health & Aging Class - 10 am - 12:00 pm

Until next time, Keep Smiling and Take Care! Ciao, Renata Pilotto



Craft Fair



Scams Presentation



Fajita



### Senior Center To Offer Travel Opportunities

Center member Gary Mattson has graciously offered to become Travel Coordinator for SSS Inc. This is a strictly volunteer position and we are excited to welcome his enthusiasm for meeting with members interested in travel. Based on a recent meeting with Clem Ogilby of Oregon West Tours and feedback from prior member meetings, initial offerings will be day trips to various Oregon destinations. It is anticipated that Gary will begin meeting with folks beginning in early May. Office hours will be posted at the front desk and on the Travel Office door. Refer to the Member Meeting notice in this issue for more information.



### Want to Dance?

Center member George Hutmacher has volunteered to head up a regularly scheduled afternoon or evening dance session for SSS Inc. members. For those interested in dancing (or learning to dance) see the sign-up list on the Lobby.

### Member Meeting Notice....Let's Get Traveling!

**Clem Ogilby of Oregon West Tours** will be the guest speaker at the May 15<sup>th</sup> 10:30 a.m. member meeting. Two of the business' tour vehicles will be on display in the Center parking lot and Mr. Ogilby will present a brief overview of current travel opportunities in and around Oregon. Also present will be the Center's new volunteer Travel Coordinator Gary Mattson.

### WU Institute for Continued Learning Welcomes Seniors

Looking for some additional socialization and/or intellectual stimulation? **Willamette Institute for Continued Learning** invites persons over 50 to participate in meetings held twice a week to hear presentations on a wide variety of topics presented by WU faculty, Institute members and outside speakers. For additional information email Don Deckman at [dbeckman@willamette.edu](mailto:dbeckman@willamette.edu). There are also posters on the Center main entrance bulletin boards and ICL brochures in the Lobby hallway information area.

### Crafters' News

One of the recent attendees to our group was Mary Ann, a friend of Meg's. She brought her loom, that had been built by her husband. She demonstrated the craft called twining. She cuts strips of cloth about 2 " wide and attaches each strip to the next by making a specific join that is invisible. This particular loom creates throw rugs, which she has throughout her home.

On another day, she brought a smaller loom, which she uses to make place mats. For this particular place mat, she cut the strips from an old blanket that makes the place mat very washable and durable.

The group enjoyed seeing a different craft. Our group meets each Monday from noon to three. Come according to your own schedule. If Monday is a holiday, we'll meet on Wednesday of that week.

Come join us, we have a wonderful time visiting and crafting. We have yarn, needles, hooks, patterns, instructions or whatever you need. Many times there are cookies, too!



### Current Weekly Activities

Mon	Needle Crafts	1:00 pm - 3:00 pm	Card Rm
"	Energize with Linnea	10:00 am - 11:00 am	Bingo Rm
"	Jewelry Class	10:00 am - 12:00 pm	Craft Rm
Tue	Bridge	11:00 am - 3:00 pm	Card Rm
"	Cribbage	1:00 am - 3:00 pm	Dining Rm
"	China Painting/Arts	10:00 am - 2:00 pm	Craft Rm
"	Garden Club	1:00 pm - 3:00 pm	3rd Tuesday Mtg Rm
Wed	Life Story/Writers' Group	10:00 am - 12:00 pm	Card Rm
"	Rummikub	12:30 pm - 2:30 pm	Card Rm
"	Chess	10:00 am - 12:00 pm	Dinning Rm
"	Quilting Group	1:00 pm - 3:00 pm	Craft Rm
Thu	Hand & Foot Card Game	10:00 am - 3:00 pm	Card Rm
"	Single Deck Pinochle	10:30 am - 1:00 pm	Card Rm
"	Scrabble	11:00 am - 3:00 pm	Card Rm
"	Tai Chi/Yoga	10:00 am - 11:00 am	Bingo Rm
"	Painting class	1:00 pm - 2:30 pm	Craft Rm
Fri	Mexican Train	10:00 am - 3:00 pm	Card Rm
"	Double Deck Pinochle	12:00 pm - 3:30 pm	Card Rm
"	Quilting Group	11:00 am - 3:00 pm	Craft Rm
"	Mahjong	12:30 pm - 3:00 pm	Card Rm
Mon-Fri	Pool playing	10:00 am - 2:00 pm	Library



Kindly join us for a

### *90th Birthday Party*

In honor of

**IRENE JOHNSON**

Saturday, May 18th, 2024  
 At one o'clock in the afternoon  
**South Salem Senior Center**  
 6450 Fairway Ave S.E  
 Salem Oregon 97306

RSVP by May 11th to  
 Salem Estates RV Park  
 503-364-5490

*Cards welcome- No Gifts Please*

In Memory Of

Judy Allen - March 2024

Former Front Desk Volunteer

Our sincere condolences to her family  
 from all of us.

### **MEDICARE INFORMATION & ENROLLMENT MEETING / WALK-IN**

**NW MEDICARE ADVISORS with Linnea**

**MONDAY MAY 13**  
 11:30 AM – 12:30 PM

### **Hello from the Gift Shop!**

Here are some interesting items for sale:

- ◇ Vintage Wall Clock Howard Miller Dual Chime;
- ◇ Collection of 43 thimbles;
- ◇ 54 pieces Antique Chinese Republic Period (1890-1920) Porcelain Rice Eye Grain pattern Tea cups, Rice cups, Soup Cups etc.;
- ◇ Vintage Columbia Sewing Machine.

### **Marion Polk Food Share Lunch**

Marion-Polk Food Share provides lunch service.

**Starting May 6 the pick-up time will be  
 9:30 am - 10:00 am**

Lunches are available in our kitchen  
 accessible thru the Dining Room.

SSS is not a Meals on Wheels distribution center.  
 Call 503-364-2856 for home delivery

**New Members - March 22 to April 23, 2024**

**Thank you for supporting  
South Salem Seniors, Inc!**

Aurelia Fuerth  
Joe & Sharon Fulton  
Dorothy Koehler  
Roberta Hensley  
Sharon Lee Hoebet  
Kim DeHaven  
Hugh & Deb Morgan  
Patty Wilson  
Kathryn Johnston  
Ed Barker  
Betsy Brammer  
Linda Shibly

Cheryl Wold  
Anna Maglione  
Marla Elder  
Tom & Linda McFadden  
Lynda Clark  
Ransom Byers  
Beatriz Harden  
Carolyn Norris  
Charlotte Scherer  
Lauralee Potrikus  
Carolyn Byler

**Aging Smart**

Hello members! We are fortunate to have the spacious Bingo Room available to us to try out new activities. Most of us have little room to do so at home, and for most of us, we maybe need that “group motivation” (aka exercise guilt) to keep us coming back for more!

In addition to our Monday “Energize” and Thursday “Energy/Flow” options, we’d like to offer an exercise option for members who prefer to remain seated due to balance or strength issues - wheelchair and walker-user members, we look forward to seeing you!

Our organizational meeting will be on Wednesday, May 1 at 10am and our hope will be to gather some like-minded people to discuss our options. Any suggestions and/or shared experiences that would help develop a program for our rather under-served members would be appreciated!

Our goal will be to improve our balance, strength and independence - together!

Hope to see you there! Michi

**Writing Group**

Come to Our Gathering

Our writing class “Life Stories” is not just about one kind of expression.

We share feelings and thoughts by writing short life stories, fiction or real.

This is your opportunity to be heard by others.

It’s often positive but can be stories of lost loves or found.

Come in and check us out on Wednesdays at 10:00 to noon.

By John Brandeberry

**April Birthdays Celebration**



From left: Sandy Santoyo, Roger Brousseau, Kathi Schie and Sherry Cornett

**Happy Birthday!**



**JEWELRY MAKING CLASS**

We will be taking a summer vacation and resume classes in the Fall. Watch for a sign up clip board in September.

Last class will be April 29<sup>th</sup>.

**From Nifty Thrifty**

Happy Mother’s Day from Nifty Thrifty!  
Come check out the new and interesting items we received.

Thank you for your patronage.

Alta & Staff

**Donations received in April**

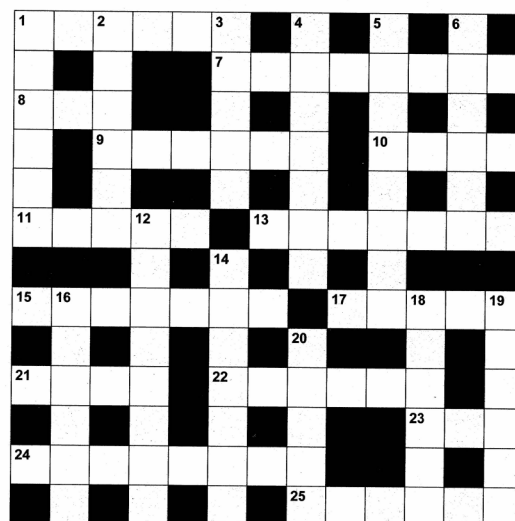
Sherry Walz  
Roger Brousseau

**Thank you for your support!**

### Quilters Group

Our Quilting Group had a wonderful underground Shop Hop trip April 4th. The theme was Mellow Yellow. Left the Center at 8:30 AM for McMinnville, Dallas, Philomath then Albany quilting stores. In Albany we stopped for lunch at Pastini Italian restaurant. Everyone loved their food. Then back on the road to Brownsville and Lebanon last visit was in Jefferson. In order to enter for prizes we had to have the secret code word for Friday it was "Yellow Submarine". We gave the code word in the Jefferson store and started singing the Beatles song "We All Live In a Yellow Submarine". The staff and a few customers joined the six of us. What fun for us all. Plus it is Laurene's home town. We got back to the Center at 5:30. Boy! We were bushed. Now we're in the process of planning how to use the 56 quilting kits that each will make one block plus a pattern. Thinking of making a Quilt to raffle, or one to sell in the gift shop. We are looking forward to next years trip. Thank you Jayne and Laurene for driving us and planning the Itinerary. A donation of a brand new brother lightweight sewing machine LX three 817 has been donated to the Quilting Group along with 21 yards of cotton blend batting by Belva Du Bose. Thank you Belva for your thoughtfulness. We also revived a full roll of Cotton batting by an Anonymous donor. Till next time

Mary Adams



**Across**

- 1 - Violin (6)
- 7 - Unbranded range animal (8)
- 8 - Positive answer (3)
- 9 - Insertion points (6)
- 10 - Intellect (4)
- 11 - Eg oxygen and nitrogen (5)
- 13 - Developed gradually (7)
- 15 - Ceremonial staff (7)
- 17 - Select; choose (5)
- 21 - Storage barn (4)
- 22 - Infinitesimally small (6)
- 23 - Possesses (3)
- 24 - Christmas season (8)
- 25 - Donors (anag) (6)

**Down**

- 1 - Traveling by air (6)
- 2 - Dances (6)
- 3 - Last light of fire (5)
- 4 - Elusive (7)
- 5 - Creased (8)
- 6 - Charge (6)
- 12 - Worker (8)
- 14 - Dark pigment in skin (7)
- 16 - Exclusive circle (6)
- 18 - Flowering plant (6)
- 19 - Deforms (6)
- 20 - Comedian (5)

### Garden Club

In May, we'll discuss the garden sale; ideas for next year. plus having a new leader, please. Thank you,

Barbara



**Board Meeting  
May 8 10:30 am**

**Membership Meting  
May 15 10:30 am**

**South Salem Seniors, Inc.**  
6450 Fairway Avenue SE  
Salem, OR 97306  
503-588-0748

[www/southsalemseniors.org](http://www.southsalemseniors.org)

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# Community Connections

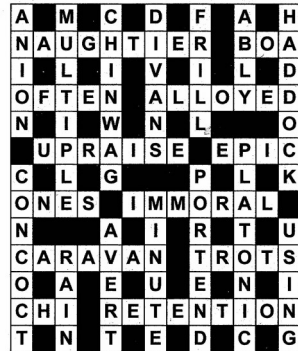
**Mike Giertych**

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Solution for March 2024

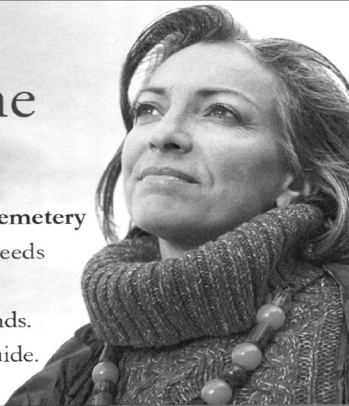



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*Overlooking  
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Keep updated on the latest news by visiting our

Webpage

<https://www.southsalemseniors.org/>

**David L. Carlson, Lawyer**  
**503-365-0373**

**Wills & Trusts/Probates**  
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# Community Connections



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CALL (971) 283-5345 to reserve a time.

**South Salem Seniors Newsletter  
Monthly Publication**

Articles and editorials printed in the SSS Newsletter reflect individual opinions and are not necessarily the Center's opinion.

*Advertisements in the SSS Newsletter do not necessarily carry the endorsement or guarantee of this organization.*

Would you like to write an article for the newsletter? Have something to share? Drop your article off at the front office or email it to [arturojg@comcast.net](mailto:arturojg@comcast.net) Deadline for submissions is **May13** for the **June 2024** newsletter.

**South Salem Seniors, Inc.  
6450 Fairway Av. SE  
Salem, OR 97306-1443**

**Non-Profit  
U S Postage  
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You can receive your newsletter by mail, email or reading on the website: Call **503-588-0748**

**If your membership expiration date is highlighted in yellow, please renew to support SSS Center. Please advise the Business Office for any changes in address or status. Thank You.**

**2024 AARP Driver Safety Classes at South Salem Seniors, Inc.**

Call **503-588-0748** between 9 am and 3:30 pm to make reservation.

May 7 & 8	Tuesday & Wednesday	Starts at 9:15 am - 1:00 pm
Jun 11 & 12	Tuesday & Wednesday	Starts at 9:15 am - 1:00 pm
Jul 9 & 10	Tuesday & Wednesday	Starts at 9:15 am - 1:00 pm
Aug 13 & 14	Tuesday & Wednesday	Starts at 9:15 am - 1:00 pm
Sep 10 & 11	Tuesday & Wednesday	Starts at 9:15 am - 1:00 pm
Oct 8 & 9	Tuesday & Wednesday	Starts at 9:15 am - 1:00 pm
Nov 12 & 13	Tuesday & Wednesday	Starts at 9:15 am - 1:00 pm
Dec 10 & 11	Tuesday & Wednesday	Starts at 9:15 am - 1:00 pm

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**South Salem Seniors Business Hours  
Monday – Friday 9:00 am to 3:30 pm**

**Nifty Thrifty and Gift Shop Hours  
Monday – Friday 10:00 am to 2:00 pm**