Seniors Inc.



Spring Rummage & Book Sale May 5 - 6

Dear Members:

Plans are underway for submitting to the membership election ballot for your approval of officers and board members to govern South Salem Seniors for the fiscal year starting in September 1, 2023. All members in good standing with their membership dues current as of mid July are eligible to vote. We have been going strong since 1989 – thirty four years in operation.

With that said I would like to bring into the forefront a discussion on 'critical mass' for management of our organization. Many shy away from participating as a volunteer to help with managing our operations. It is a necessary responsibility and one to not be taken lightly. Like any business, having key skills, insights and knowledge are helpful, but most of us have the common sense to be able to make sound decisions. So what is critical mass mean? It means having enough volunteers to manage, share in the responsibilities and be able to carry out requirements and objectives of the day to day management of the business affairs of our charitable non-profit organization. So come into the fold and find a place to offer your skills and knowledge. We specifically need strong skills with all of the Officer positions: President, Vice President, Treasurer, Secretary, Office Manager and the two Director positions. Officers and Directors volunteering to serve need to submit a statement to the Nominating Committee headed up by Alta Gardner by July 1st in preparation of the ballot and mailing to members by July 15. The Bylaws are our governing document and provide the general guidelines and requirements of these positions. Any of the current and or past office holders can offer their insights of how to full fill these roles. All members are welcome to sit in on Board Meetings to observe how business is conducted at that level as well as any of the day to day functions of these personnel as well as any of the valued volunteer staffing for activities throughout the building: Business Office, Accounting, Nifty Thrifty, Gift Shop, Books, program activities, maintenance crew, kitchen operations (breakfast & lunch), etc. If members desire to have activities in Bingo and Travel for example, we need to have members with interest in these functions step up and offer their time to manage them to provide that service to our membership. Note: a team of several people who can work well with one another can be in charge of managing an activity. So what it boils down to is that if we have enough volunteers to manage the operations and support the 'critical mass' the organization will continue. Without supporting the 'critical mass', you can look forward to not having an organization survive. In our Bylaws, if we cannot manage what we have, look forward to the Board bringing to the members a resolution to close down, sell the assets, and donate the proceeds to other 501 (c) (3) charitable non-profits as required by our original charter as filed with the Internal Revenue Service.

As many of you may know, the availability of my time to volunteer at the Center has been greatly reduced to allow me to spend time to support Rog's care and recovery. I am grateful that Irene, Renata and several others have been able to expand their roles and pick up some of the administrative functions. I will not be able to continue on in an Officer capacity for the coming fiscal year in order for me to fully support Rog in his recovery. I will do my best to support from the sidelines and offer business and operating advice, but will not be able to be present, day to day at this time.

Respectively submitted to members – please get involved if you value what it means to be a member of our organization. You all are very special. Laurene Brousseau, President

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Another Successful Tax Season at the Center

Pictured above from left to right are: Penny Teller, Marlene Buker, Roberta Kane, Jerry Rodgers, Alan Rhodes, Jim Senechal and Jim Wallace, AARP volunteers who collectively worked an estimated 800 hours this year to electronically create no-cost simple tax filings for 570 area households. AARP spent 170 hours on site at the Center initially meeting with clients to review submitted paperwork to insure all required records were included. Another 600 hours of take-home work was shared by the volunteers in preparation to electronically fill out and file documents. The final step in the process was a follow-up on site meeting to review the filing and present clients with their official 2022 tax record. Along with several donations, the Center received many comments regarding our part in providing this much needed and appreciat-

Historically, the first week open to callers to make tax appointments has been a major challenge to staff. However, several creative on-the-fly changes instituted this season by Office Manager Irene Johnson, streamlined the process to a much more manageable task, one that will be utilized in the future.



Jewelry Class A Popular Addition to the Center

Pictured above from left to right are Center members Mary Adams, Instructor Lorna Matte, Barbara Berry, Joyce Sperling, Deb Herzog and Ruth Anne Cornell participating in this recently established class which meets Wednesdays from noon to 2PM in the Craft Room. On the first day members created beautiful earrings and matching bracelets which resulted in an after class impromptu fashion show in the Lobby! The next project students voted to undertake involves creating a picture pendant necklace and four pair of earrings, total cost for materials, \$5.00. Sign-up sheet for this class is located on the Activities board in the hallway.



Metal Recycling Benefits Center

Pictured below are members Charlie Musgrave and Dan Schie taking a morning coffee break before returning to the "back room" to work at extracting metal to be recycled from recently donated items. During the present fiscal year, to date this project has raised over \$1700. If you have items containing metal that you are looking to get rid of, please consider contacting the Center. Someone will return your call for details and pick up, where appropriate, is available at no cost.

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Current Weekly Activities

Mon	Needle Crafts	12:00 pm - 2:pm
"	Scratch Art	10:00 am - 12:00 pm
"	Tai Chi/Yoga	10:00 am -11:00 am
Tue	Bridge	11:00 am - 3:00 pm
"	China Painting/Arts	10:00 am - 12:00 pm
"	Drop-in Studio	1:00 pm - 3:00 pm
"	Mahjong	2:00 pm - 4:00 pm
"	Garden club Meets 3rd Tueso	
Wed	Life Story/Writers' Group	10:00 am - 12:00 pm
"	Jewelry Making	12:00 pm - 2:00 pm
	Rummikub	12:30 pm - 2:30 pm
Thurs	Hand & Foot Card Game	10:00 am - 3:00 pm
"	Scrabble	11:00 am - 3:00 pm
"	Tai Chi/Yoga	10:00 am - 11:00 am
	Painting class	1:00 pm - 2:30 pm
"		hiatus, contact Val Guerrazzi)
Fri	Mexican Train	10:00 am - 3:00 pm
"	Double Deck Pinochle	12:00 am - 3:30 pm
"	Quilting Group	1:00 pm - 3:00 pm
Mon-Fri	Pool playing	10:00 am - 2:00 pm
	1 7 3	p

Hello, flowers. Hello, sun. Hello, May! Hello from the Gift Shop!where we have lots of beautiful things available at a great discount price.

We have a collection of 27 original Hummel figurines from Germany. All are in great condition and we are selling them as a lot, not individually. On request we'll provide a list showing the figurines names, trademark year and value. These figurines are currently boxed up.

We will be open for the Spring Sale, May 5th and 6th, 9 am to 4 pm.

See you at the Gift Shop!

Renata

Knitting Group News

Liberty House is one of the many places where the Craft Group donates their items. The children, that Liberty House serves, love the animals and toys. Deb and Meg are the ones who create most of them. Deb uses the knitting machine that she's pictured with. She found out about the machines when Karen, another of our members, had carpal tunnel and could'nt knit with needles. Deb was fascinated with her machine and purchased two machines for herself. She has been able to create cars, airplanes, and all sorts of little creatures.

Meg specializes in large dogs and cats. Occasionally, she becomes very attached to her creations and finds it hard to give them up! Thankfully, her house is small and she has to make room for her new creations. If you would like to see one, they are sometimes for sale in the Gift Shop. She also accepts special orders.

This month the Crafter's Group donated 155 items. This

included the animals and toys shown, plus the items created by the other members of the crafting group. Our group is growing. We appreciate those who join. We also receive finished and unfinished items from the community. If it is unfinished, there is always someone in our group that is able to complete it.

We meet every Monday from noon to 2:00 unless there is a Monday holiday. Then we meet on Wednesday of that week. Come and join us! We have a wonderful time. If you want to learn, we have teachers available. We also have needles, hooks, yarn, or whatever you need!





Garden News

As well as selling houseplants at our upcoming May big sale......the garden club will have a variety of outdoor plants, as well. These will be on a table in the dining room. Thanks to Rose lowery, with some club members help; she has been digging up perennials in her lovely backyard, for sale. She is again selling from her front yard/driveway. Call her for a list of what she has. She is amazing for a person almost 90 yrs age, knowledgeable, too!!! She is much admired, and LOVED......a cornerstone of our so Salem sr. center, indeed.

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Please welcome new members

March 24 to April 24, 2023

Marion Brandt Terry Muth Isa Mulkey Joi Hayden Denise Allen Lorene Nord Karen Paillette Sharon Malcom Debbie Koehnke JP Priollaud

Michael Staudinger Jesse & Pam Brabbin Michelle McMichael

Donation Acknowledgements, Thank You!

Richard and Bounlot McGarvey

Amy Rickarme Ed & Marilyn Northcutt Betty Lacey

JoAnn & Craig Noffsinger

Patty Trip

Lois Nuss

Ruth Ann Peterson **Donald Brearley**

Colleen Fry-Preston Velma Hampson

AARP Drivers Education for 2023:

Class sessions on Tuesdays & Wednesdays:

May	9 & 10	Meeting Room	8:45—12:15
Jun	13 & 14	Meeting Room	8:45—12:15
Jul	11 & 12	Meeting Room	8:45—12:15
Aug	8 & 9	Meeting Room	8:45—12:15
Sep	12 & 13	Meeting Room	8:45—12:15
Oct	10 & 11	Meeting Room	8:45—12:15
Nov	14 & 15	Meeting Room	8:45—12:15
Dec	12 & 13	Meeting Room	8:45—12:15

Please call the Business Office 503-588-0748 for scheduling your class time and additional information

SSSC Wellness/Fitness Update from Michi

We're currently beta testing exercise programs for our members. Our plan is to meet Mondays and Thursdays 10 am - 11 am to develop the program further.

Our focus at present is tai chi and yoga, keeping it simple with a 10 minute warm up and cool down. We won't meet the first week of May due to the preparation for the rummage sale and May 8. We'll resume on May 11.

All are welcome, please join us in the Bingo Room.

May Jam Session At The Center

Maurene "Mo" Mould, organizer of the recently held April Jam, wants to remind members that a second session is scheduled for Tuesday, May 23rd 10:30 AM to noon. Whether you are planning to attend just enjoy the music, to sing along or are bringing an instrument to join in the Jam, all are welcome. Mo will also have available a variety of hand-held acoustic instruments she has collected from around the world and will be encouraging attendees to select one to join in the fun. For questions contact her at 509-406-5452.

Medicare Walk-In Informational & Enrollment Opportunity (Meeting Room)

Regence BCBS of Oregon May 23, 2023 10:00 am - 11:00 am

Marion Polk Food Share Lunch Pick Up 12:00 to 12:30 pm

Friday's pick up inside center

Marion-Polk Food Share provides lunch service Monday through Friday from 12:00 – 12:30 PM daily. Lunches will be "Handed Out" in the parking lot Monday through Thursday. "Drivers are asked to remain in their cars". Stacy will greet you and take your orders. For the present no donations or fees apply.

SSS is not a Meals on Wheels distribution center.

Call 503-364-2856 for home delivery

Please stay tuned for lunch room changes in 2023.

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Friday Quilters

Six ladies were at our first meeting. It was agreed by all to name our group "Friday Quilters". Everyone was very pleased a group has formed and looking forward to further meetings.

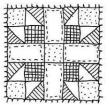
We have two hand quilters and five machine quilters.

Belva has the experience to operate the PFAFF sewing machine that was donated to the quilting group by Betty August.

Irene has a fabric cutting machine for perfect cutting of squares and triangles.

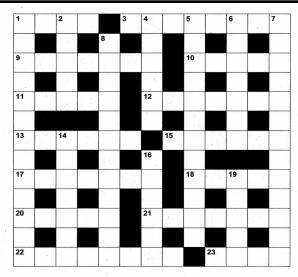
An amazing amount of fabric has been donated.

Thank you!



NOTICE!

There will be no games



Across

- 1 Domesticated (4)
- 3 Ornamental climbing plant (8)
- 9 Postpone (7)
- 10 Group of shots (5)
- 11 Rides waves (5)
- 12 Scientist (7)
- 13 Loud noise (6)
- 15 Starting point (6)
- 17 Schedule of activities (7)
- 18 Fight (3-2)
- 20 Decorative filling (5)
- 21 Adaptable garden plants (7)
- 22 Denominated (8)
- 23 Catch sight of (4)

Down

- 1 Musical arrangement (13)
- 2 Army rank (5)
- 4 Insanity (6)
- 5 Falsify (12)
- 6 Bending (7)
- 7 Impulsively (13)
- 8 Short poem for children (7,5)
- 14 Dilemma (7)
- 16 Pierce (6)
- 19 Receptacles (5)

Board Meeting May 9, 2023 1:00 PM

Next Membership Meeting May 17, 2023 1:00 PM

Annual Election Member Meeting And Installation New Officers & Board Members August 16, 2023 1:00 PM

South Salem Seniors, Inc. 6450 Fairway Avenue SE Salem, OR 97306 503-588-0748 www/southsalemseniors.org Editor Arturo Guillen Advertising Renata Pilotto Staff Assist. Kate Bayne

President's Email: ssscoffice@comcast.net
Treasurer's Email: ssscoffice@comcast.net

President:
Vice President:
Treasurer:
Secretary:
Office Manager

Laurene Brousseau Renata Pilotto To be appointed Kate Bayne Irene Johnson

Director 2 YR Director 2 YR

ector 2 YR Rick Saul

Director 1 YR Roger Corrado Director 1 YR Dick McCullen

Alta Gardner

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Community Connections

Mike Giertych

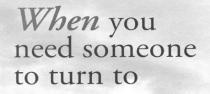
Pressure washing: Decks, Driveways, Houses etc.

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Webpage

https://www.southsalemseniors.org/

David L. Carlson, *Lawyer* 503-365-0373

Wills & Trusts/Probates
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Senior Center members will receive a 25% Discount on all estate planning



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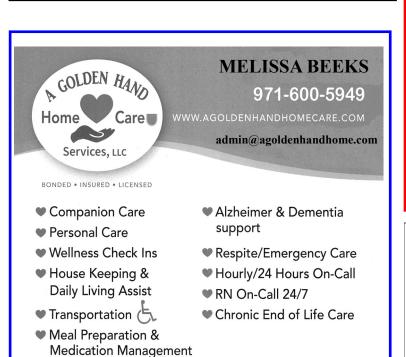
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Community Connections





coupon.



www.madronahills.com





Hidden Lakes has received a "Best of Senior Living Award" for the 3rd year in a row.

Join us for lunch, a special event, or for a great cup of coffee.

CALL (971) 283-5345 to reserve a time.

South Salem Seniors Newsletter Monthly Publication

Articles and editorials printed in the SSS Newsletter reflect individual opinions and are not necessarily the Center's opinion.

Advertisements in the SSS Newsletter do not necessarily carry the endorsement or guarantee of this organization.

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You can receive your newsletter by mail, email or reading on the website: Call 503-588-0748

If your membership expiration date is highlighted in yellow, please renew to support your Senior Center.

Renewal membership \$20.00 a year



HELP NEEDED!

We have an incredible list of volunteers waiting to help restart the pancake breakfast.

All we need are one or two good people to coordinate and manage the program.