



**South Salem Seniors Inc.  
Newsletter**

Dear Members,

I hope your holidays were full of fun and joy.

Our apologies for having to cancel the December Pancake Breakfast. With great sadness we learned that Chef Todd Wieweck is closing his business. We will be missing his wonderful meals and contributions throughout the past years. We will be working with our hearty group of breakfast volunteers to continue this well-loved event. Stay tuned for more information.

Coming soon! Scheduling appointments for the AARP Tax program will be booked with the Business Office staff beginning January 9, 2023. Appointment dates are scheduled from January 31 through April 6, 2023.

The AARP Drivers Education classes scheduled for 2023 is listed inside. Classes allow for up to 24 per session. Sessions are a two-day event on Tuesdays and Wednesdays.

There is still room for participants to sign up for the free "Promoting Healthy Aging" sessions beginning January 4, 2023. This five-week session is held from 10 to 11:30 am on Tuesdays and Thursdays.

Two new activities to look into: Wood carving taught by Ann Engleson and Art at the Center, taught by Terry Winkler. See inside for more details.

For those interested in quilting, we have several totes of quilting materials in the Craft Room that need attention. These totes contain projects in various stages. The materials were donated some time ago by a local quilting group. Members interested in continuing the projects or creating a quilting class, please contact the Business Office.

Note that we will be closed January 16, 2023 for MLK holiday. The following day, January 17, the elves will take down the holiday decorations and store for another year.

Julie Wittenberg, a new member, has volunteered to be our Travel Director. She will begin with day trips. So members, if you have some ideas on interesting day trip destinations, please leave a message for her at the Business Office. We are hoping to begin travel this coming Spring/Summer.

See inside to check out our list of furniture and tools for close out sale at 50% off. After consultation with various members and the Board it was determined that we will no longer be accepting donations of large furniture. This decision was made based upon the safety of our pick-up and delivery crew and availability of space in the building as we continue to add new activities. Please consider other charitable organizations for your furniture donations. If you have questions regarding a donation, please contact the Business Office.

Cordially,  
Laurene Brousseau, President

### Ever Wanted to Try Your Hand at Woodcarving?

At the December Board meeting Director Roger Corrado introduced Ann Engleson, a member of the Capitol Wood Carvers, who is offering to teach a beginner class in the techniques of wood carving. She brought with her a box of delightful items including a variety of Christmas ornaments (carved and then painted), small utensils (decorative spoons, small bowls) and other winsome creations. Ann will initially provide carving tools and wood at no charge. Date and time will be determined by the availability to participate of those interested. Contact the Office to sign up. Kate Bayne



### Art at the Center

Pictured above are students of SSS member and artist Terry Winkler's art class which meets Thursday afternoons from 1-2:30 p.m. in the Craft room. Basic instruction is in acrylics but already, members have indicated interest in other mediums (oil, watercolor and sketching). Who knows where this might lead but clearly, those attending are enjoying the class and the opportunity to meet new friends. Currently there is one space open. Contact the Office to sign up. Kate Bayne



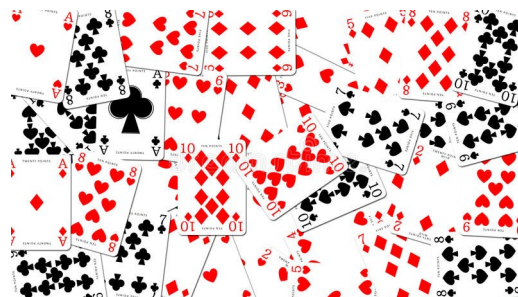
### Members Celebrate the Coming Holidays

Folks attending the December Member meeting enjoyed a gift exchange and time to visit with friends over coffee (or eggnog) and a variety of delectable cookies. It was a small but jolly gathering. Winner of the raffle basket was Marcella Tonga. Kate Bayne



### Calling All Canasta Players!

Member Marlene Couser reports that anyone interested in a Canasta game is encouraged to join the group that meets every Thursday from 10 a.m. to 3:30 p.m. in the Card room. Whether you play basic, Ponytail or any of the myriad Canasta versions, come join this friendly group. Marlene says there are plenty of tables and all are welcome. Contact her at 503-602-0672 or drop by or call the front desk to sign up. Note that the sign-up list is headed **Hand And Foot**. Kate Bayne



### Current Weekly Activities

Mondays	Needle Crafts	12:00 pm - 2:pm
Tuesdays	Bridge	11:00 am - 3:00 pm
"	China Painting/Arts/Painting	10:00 am - 12:00 pm
Wednesdays	Life Story/Writers' Group	10:00 am - 12:00 pm
	Rummikub	12:30 pm - 2:30 pm
Thursdays	Hand & Foot Card Game	10:00 am - 3:00 pm
"	Scrabble	11:00 am - 3:00 pm
	Painting	1:00 pm - 2:30 pm
"	Singing Group	2:00 pm - 3:30 pm
Fridays	Mexican Train	10:00 am - 3:00 pm
"	Double Deck Pinochle	12:00 am - 3:30 pm
Mon-Fri	Pool playing	10:00 am - 2:00 pm
3rd Tues	Garden Club	12:00 noon

### Happy and Healthy New Year From the Gift Shop !

Thank you members for your Patronage and continuous Support.

Come see us for new inventory of collectibles and other treasures and weekly discounts.

Hope to see you soon! Renata

### Crafters News !

The Crafters' group meets every Monday from noon to 2:00 unless there's a holiday. Then we meet on Wednesday.

On the first Monday of the month, the storage bins are emptied and the items are apportioned to the various charities: 2 hospices, a nursing home for dementia patients, Operation School Bell, a birthing center, and Liberty House. For the month of December there were 5 animals, 1 fidget quilt, 36 blankets, 3 baby sweater sets, 12 baby hats, 4 baby blankets, 6 shawls, 20 scarves, 40 hats, and 6 fingerless mittens.

That was for just 1 month!!! Incredible!

Being curious about how many items are donated by just one person, I asked if anyone had kept track of what they had donated, our two chairwomen Betty and Linda had. Betty has donated 74 lap robes, 6 fidget quilts, 25 hats and 20 scarves. Linda has donated 40 hats, 32 sets of wrist warmers, and 61 hospice throws. Amazing!!! Now we know why they are the heads of our group!

The rest of us donate items, but most of us don't keep track.

Our group consists of 15 —20 regular attendees and there is room for more! Just drop in on a Monday and join in on the fun. We have yarn, needles, hooks, and books!

Arlene Williams



### Garden News!

Our December meeting will begin, and end at the 13<sup>th</sup> St Garden store. The gentleman there sounded so welcoming; he said there is a table, plus 4 chairs in a corner, near the entry where we can sit, bring folding chairs, if you can. He said they will have coffee, donuts for us. I'm feeling better about our gatherings, Getting speakers set up, really helps. Now, thinking about the January meeting, ideas are always welcome, put on your thinking caps, let me know if you have an idea I can pursue for us to enjoy and learn from.

At the November meeting we had new faces to join us, always a happy event, hoping we can keep this up. Has anyone visited Pemberton's on 13<sup>th</sup> Street? It has been on my list for a long time. It may be a florist shop, with interesting, enticing items visible as we drive by, so let's find out. I'll phone them, ask what their specialty is, then perhaps we'll visit there in January. We'll need to reestablish our phone tree, so we can phone our members when the newsletter is Mailed before I have all the facts for the upcoming meeting. Please feel free to call me, if you are uncertain about our meeting location at 503-375-7723, the evening before our meeting.

Until spring, all we can do is dream about gardens to be, look at seed catalogs. If you have any catalogs to share, please bring to our Senior Center; tell the front desk folks what you are bringing, for the upcoming Garden Meeting. If in a bag, labeled with my name, that should help in getting them to me.

Please stay warm and safe until our next meeting date, third Tuesday, 12:30 each month. Sincerely, Barbara Castle

**Please welcome new members as of December 20, 2022**

Julie Wittenberg  
Kyla Tincher  
Patricia Brown  
Dorothy Christensen  
Michelle Prather  
Martin Prather  
Carol Castleberry  
Janice Dillon  
Anna Lee  
Carri Reed  
Michi Kohlhoff  
Crystal Wright

**Donation Acknowledgements:**

Tribute for Dianne Windsor by Donnie Brearley  
Betty Jo Kostenborder  
Ed and Marilyn Northcutt

**To Chocolate & Peanut Butter Lovers**

**No Bake Cookies**

2 cups Sugar  
½ cup Milk  
½ cup Butter  
2 ½ - 3 cups Quick Oats  
6 Tablespoons Cocoa  
½ cup Peanut Butter

Boil sugar, milk and butter for 2 minutes. Take off heat and add the rest of the ingredients. Mix well and fast. Drop by spoonful on wax



**AARP Drivers Education:**

**2023 Tuesdays & Wednesdays**

Jan	10 & 11	Meeting Room	8:45—12:15
Feb	14 & 15	Bingo Room	8:45—12:15
Mar	14 & 15	Bingo Room	8:45—12:15
Apr	11 & 12	Bingo Room	8:45—12:15
May	9 & 10	Meeting Room	8:45—12:15
Jun	13 & 14	Meeting Room	8:45—12:15
Jul	11 & 12	Meeting Room	8:45—12:15
Aug	8 & 9	Meeting Room	8:45—12:15
Sep	12 & 13	Meeting Room	8:45—12:15
Oct	10 & 11	Meeting Room	8:45—12:15
Nov	14 & 15	Meeting Room	8:45—12:15
Dec	12 & 13	Meeting Room	8:45—12:15

Please call the Business Office 503-588-0748 for scheduling your class time and additional information.

**In Memorium**

**Shirley Behnke**

**Marion Polk Food Share Lunch  
Pick Up 12:00 to 12:30 pm**

**Friday's pick up inside center**

Marion-Polk Food Share has resumed lunch service Monday through Friday from 12:00 – 12:30 PM daily. Lunches will be **"Handed Out"** in the parking lot Monday through Thursday. **"Drivers are asked to remain in their cars"**. Stacy will greet you and take your orders. For the present no donations or fees apply.

SSSC is not a Meals on Wheels distribution center. If you would like home delivery call 503-364-2856.

Please stay tuned for upcoming lunch room changes in 2023.

The following furniture and tools are available first come first served.

Pride Go Chair with new batteries & good charger \$1000  
Almost new (not discounted)

Nifty Thrifty—Sale of the following Furniture and tools at 50% off the following pricing to Close out:

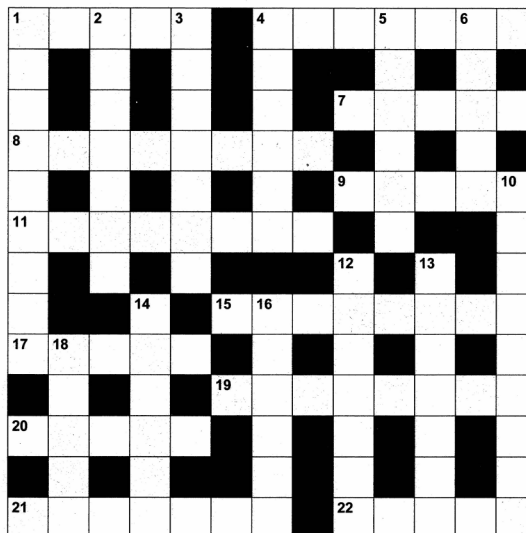
Tools—various tools, too many to list

US General Tool Cabinet	\$ 150
Health O Meter Bath Scale (upright)	\$ 10
Twin Bunk Bed frame	\$ 75
Proform Treadmill	\$ 250
Day Sofa (red print)	\$ 80
Maple Coffee Table w/2 matching end tables	\$ 150
Glass top end table	\$ 30
Coffee Table	\$ 10
Arm Chair	\$ 100
End Table	\$ 25
Record player/radio in wood cabinet (vintage)	\$ 150
Honeywell Air purifier	\$ 50
Maple End Table (round)	\$ 30
Book case	\$ 30
Book case	\$ 5
Bed Headboard	\$ 20
Hutch	\$ 150
Loveseat	\$ 60
Office Chair	\$ 75
Letter 4 drawer file cabinet (HON)	\$ 25
Legal 2 drawer file cabinet	\$ 20
Many lamps	
Many pictures	

Shop to you Drop, Business Hours 9-4

Nifty Thrifty for house wares, clothing and small appliances open 10 am to 2 pm.

Library has lots of books, DVD/s, and puzzles to browse through.



#### Across

- 1 - Succulent (5)  
4 - Affluent (7)  
7 - Propel forwards (5)  
8 - Curiosity (8)  
9 - Push away (5)  
11 - Exemption (8)  
15 - Gregarious bird (8)  
17 - Information (5)  
19 - Cane sugar (8)  
20 - Flat-bottomed boat (5)  
21 - Title of respect (7)  
22 - Role; office (5)

#### Down

- 1 - Prejudiced; envious (9)  
2 - Annoying (7)  
3 - Expressing boredom (7)  
4 - Compensate (6)  
5 - Bigger (6)  
6 - Brightening stars (5)  
10 - Gloomy (4-5)  
12 - Debts (7)  
13 - Provide money for (7)  
14 - Martial art (4,2)  
16 - Grow teeth (6)  
18 - Collect large quantities (5)

**We appreciate your Donations**

**Board Meeting 1/10/23 1:00 PM**  
**Membership Meeting 1/11/23 1:00 PM**

**South Salem Seniors, Inc.**  
**6450 Fairway Avenue SE**  
**Salem, OR 97306**  
**503-588-0748**  
**[www/southsalemseiors.org](http://www.southsalemseiors.org)**

President's Email: [sssoffice@comcast.net](mailto:sssoffice@comcast.net)  
Treasurer's Email: [sssoffice@comcast.net](mailto:sssoffice@comcast.net)

President: Laurene Brousseau  
Vice President: Renata Pilotto  
Treasurer: Margie Talley  
Secretary: Kate Bayne  
Office Manager: Irene Johnson

Director 2 YR  
Director 2 YR

Director 1 YR  
Director 1 YR

Alta Gardner  
Rick Saul

Roger Corrado  
Dick McCullen

# Community Connections

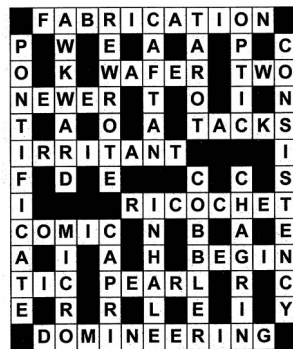
## Mike Giertych

Pressure washing: Decks,  
Driveways, Houses etc.

Gutter Cleaning.

(503) 315-8953  
mikegiertych@aol.com

Solution for December 2022



## Virgil T. Golden Funeral Service

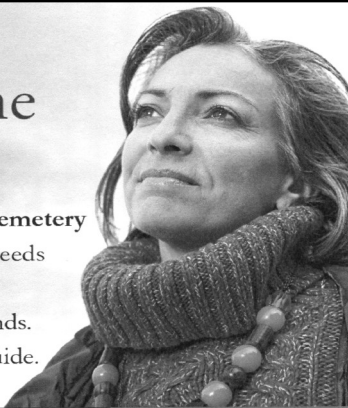
605 Commercial St. SE  
Salem, Oregon 97301  
503-364-2257  
www.vtgolden.com

*Your answer in time of need  
for a life remembered,  
celebrated and cherished.*



*When you  
need someone  
to turn to*

City View Funeral Home & Cemetery  
is committed to fulfilling your needs  
regardless of religious beliefs,  
ethnicities or cultural backgrounds.  
Call today for a free planning guide.



# City View

Funeral Home & Cemetery  
Mausoleum & Crematorium

390 Hoyt St. S. • Salem, OR 97302  
cityviewfh.com • info@cityviewfh.com

*Family Owned  
and Operated  
Since 1893*

503-363-8652

*Overlooking  
Historic Pioneer  
Cemetery*

If you are reading YOUR newsletter online,  
underlined text will be a LINK to webpages!  
Click to visit the site.

Keep updated on the latest news by visiting our  
**Webpage** <https://www.southsalemseiors.org/>

Follow our **Facebook Page**  
<https://www.facebook.com/southsalemseiors/>

We post helpful tips, plenty of photos, plus  
happenings in and around the South Salem  
Senior Center on our Facebook Page.

David L. Carlson, *Lawyer*  
503-365-0373

**Wills & Trusts/Probates  
Estate Planning/Elder Financial Abuse  
Conservatorships/Guardianships**

***Senior Center members will receive a  
25% Discount on all estate planning***




**Moser Roofing**  
**Licensed Bonded Insured**  
**CCB # 55274**

**Don Moser**

503-378-1107 Office      503-378-0229 Fax  
[www.moserroof.com](http://www.moserroof.com)      [info@moserroof.com](mailto:info@moserroof.com)

## Community Connections



**PremiumNW**  
landscape

LCB - 9119

**Lawn  
And Yard  
Maintenance**

Salem, Oregon  
(503) 930-9922  
[www.premiumNW.com](http://www.premiumNW.com)

General Clean-up  
Debris Clean-up  
Repair irrigation  
Pressure Washing, Bark & Gravel Placements  
Monthly Maintenance

Apartment Complex/Commercial Buiding  
Landscape Maintenance  
Retaining Walls  
Fencing

*Must present coupon at time of estimate.*

**Seniors  
Receive!  
20%  
OFF**

Call for details  
with this  
coupon.





**Madrona Hills**  
Independent Retirement Living

**All-Inclusive Studio Suites  
NOW AVAILABLE**

3 Chef Prepared Meals • Housekeeping • Shuttle Service & More

**CALL (503) 362-9141**  
WALK-INS WELCOME 7 DAYS A WEEK

[www.madronahills.com](http://www.madronahills.com)






**A GOLDEN HAND**  
Home Care  
Services, LLC

BONDED • INSURED • LICENSED

**MELISSA BEEKS**

**971-600-5949**

[WWW.AGOLDENHANDHOMECARE.COM](http://WWW.AGOLDENHANDHOMECARE.COM)

[admin@agoldenhandhome.com](mailto:admin@agoldenhandhome.com)

- ♥ Companion Care
- ♥ Personal Care
- ♥ Wellness Check Ins
- ♥ House Keeping & Daily Living Assist
- ♥ Transportation 
- ♥ Meal Preparation & Medication Management

- ♥ Alzheimer & Dementia support
- ♥ Respite/Emergency Care
- ♥ Hourly/24 Hours On-Call
- ♥ RN On-Call 24/7
- ♥ Chronic End of Life Care



**Hidden Lakes**  
Independent Retirement Living



Hidden Lakes has received a "Best of Senior Living Award" for the 3<sup>rd</sup> year in a row.

Join us for lunch, a special event, or for a great cup of coffee.

CALL (971) 283-5345 to reserve a time.

**South Salem Seniors Newsletter**  
**Monthly Publication**

Articles and editorials printed in the SSS Newsletter reflect individual opinions and are not necessarily the Center's opinion.

*Advertisements in the SSS Newsletter do not necessarily carry the endorsement or guarantee of this organization.*

**South Salem Seniors, Inc.**  
**6450 Fairway Av. SE**  
**Salem, OR 97306-1443**

**Non-Profit**  
**U S Postage**  
**PAID**  
**Salem Oregon**  
**Permit No 41**



You can receive your newsletter by mail, email or reading on the website: Call **503-588-0748**

If your membership expiration date is highlighted, please renew to support your Senior Center.  
**Renewal membership \$20.00 a year**



**Breakfast on hold until we get a  
Kitchen Supervisor.**

Join us for pancakes or homemade  
biscuits and gravy. Served with eggs,  
sausage or ham, orange juice,  
coffee or tea