



South Salem Seniors Center Newsletter

Congratulations to you all who have survived Covid, the Delta Variance and Omicron. I am not exaggerating when I say this, I feel joy and relief for you. I also would like to wish all of you a Happy St. Patrick's Day. Throughout my life I have never known who St. Patrick was. From what little I have read he seems to have been quite an interesting dude. He was kidnapped at 16 and forced into slavery. He eventually escaped and then had an epiphany that he needed to return to Ireland and lead others to Christianity. Now one could surmise he was a loving and forgiving guy to return to the country of his captors, just to save their souls. History also reports he returned to drive the snakes out of the country. One theory is that since snakes were often symbols of evil in Judeo-Christian tales, they simply represented something else. Pateos says it's sometimes claimed the "snakes" were early pagans, and St. Patrick drove them out of the country and **converted others to Christianity**. I asked myself would a loving Christian and Saint drive someone out because of religious differences? Many were considered Pagans. Or otherwise deemed the religion of the peasantry. He somehow came to wield some power, because I think you have to be dead 5 years to be even considered for canonization as a saint. To hold a position of leadership I believe you need to want the best for others. Unfortunately, as a leader you must walk a hard line. Today we have a lot of self-imposed saints out there deeming how others should believe. People die daily over this all over the world. I am going to try and wind this story into the upcoming election. As far as I am concerned those of you who would choose to hold an office at the Center should be given an award. Unfortunately, you cannot have Saint put before your title. But in all seriousness, I have performed and watched others carry out some very difficult issues in the offices they held. I choose to believe they did it because they thought they could make a difference. At the board meeting we were discussing that anyone who chooses to run for an office needs to have a copy of the By-Laws, and to understand them. There needs to be clarity regarding what is expected. It definitely does not mean that one will be left alone to figure it out. There are some things that appear to be set in stone. But individuality and new thoughts are encouraged. No one is going to treat you like a snake and cast you out because you believe differently. The last two years of Covid I feel like I have been baptized by fire. I feel like I have walked through hell and came out weary but alive. For our new President and Officers, they will not endure

so much difficulty. I pinky swear it will not be the case. As President one needs a kind heart and open mind, but also remember you cannot please everyone. Before I became President I tried different jobs in the Center, they were rewarding and interesting. Also keep checking with us regarding Bingo, indoor lunches and breakfast. They will come back by summer if Covid stays away.

I am not saying I should be canonized because I do not want to die to earn it. But I swear I will deserve some medal if I survive 3 and a half pounds of puppy diving after my feet with little gnashing teeth and flailing feet. I have returned to "Please don't bite", "Drop it", "Good Puppy", "Don't eat Poop". This feels like Deja Vu. I was chattering non sensual words like this to my babies many years ago, but now there is desperation in my voice. I have bought a book on surviving a Chihuahua. She chewed the cover of it up while I was shopping. Arturo Guillen and Renata Pilotto came to visit me, but Luna Pup took over the party. Arturo was actually lying on the floor with his camera so he could catch Princess Luna looking down at him from her Throne/ Steps. The steps her daddy spent hours making her. And of course, Renata with her smile and contagious laugh won Luna over. But I did warn her to watch her coat, it makes a good chew toy. Hope to see you all soon. Blessings to you all



Camille Lockling

Current Weekly Activities

Mondays	Needle Crafts	12:00 pm - 2:00 pm
Tuesdays	Bridge	10:30 am - 2:00 pm
"	China Painting/Arts/Painting	10:00 am - 12:00 pm
Wednesdays	Life Story/Writers' Group	10:00 am - 12:00 pm
Thursdays	Single Deck Pinochle	10:00 am - 2:00 pm
"	Hand & Foot Card Game	10:00 am - 1:00 pm
"	Scrabble	10:00 am - 2:00 pm
Fridays	Arts/Painting	10:00 am - 12:00 pm
"	Double Deck Pinochle	10:00 am - 1:00 pm

Mon-Fri Pool playing



BINGO – 2nd CHANCE TO REPLY

Some of you are eager to start playing Bingo again.

We have been discussing how to start up and these are some of the changes to Bingo we would be implementing:

Since our current business hours are from 10 am to 2 pm, we would only play 10 Bingo games and only use throw-away papers.

Minimum purchase for 10 games will be \$10. (Each throw-away sheet has 3 chances to win.)

The payout for each Bingo will be \$10 each or a prorated amount split between multiple winners.

The 10th and final game will have a regular Bingo of \$10 and a Blackout prize of \$40.

Players will need to bring their own dauber or purchase one on site.

We need a minimum of 15 people to start each Bingo session to offset the cost of supplies and prizes.

If you are interested in playing Bingo again, please contact us at the Center 503-588-0748, leave your name and phone number or stop by and let us know. We would like to hear from you. Thank you.



Look at all of these cute animals! Lots of kids are going to enjoy playing with them! All of them will be donated to different organizations that deal with children.

One of the exciting happenings at the Senior Center is that the Monday Crafters are getting more participants. Many more people are coming into the center since we reopened to find out what is being offered. There is a wall with many clipboards where you can sign up for different activities. As more people sign up, more activities will be offered.

The Monday afternoon crafters have been in existence for many years. When the center was closed because of Covid, we brought our chairs and sat out in the parking lot. We're a group of ladies, who not only like to knit and crochet, we like to visit and enjoy each other's company,

One of the enjoyable aspects of having new members is to see what each one's specialty is. Two of our newest members like to create animals and they are displayed in the picture. Before they joined, Meg was our animal creator. She makes the larger

dogs in the back. Sometimes her animals are for sale in the gift shop.

We have room for more members. We meet on Mondays from noon to two. If there is a holiday on Monday, we come the next Wednesday.

If you'd like to learn to knit or crochet, we have teachers, yarn, crochet hooks, and knitting needles. Come and join us!!



Garden News !

Since I'm not able to really get out in my garden, especially this time of year.....too mucky, my hubby does get out there, & he reports that we have lots of bulbs popping out of their nooks, crannies, below leaves, branch bits. He has happily filled our garden cart with that fallout, in January & now this month, too. We just had a lovely 5 days at the beach (Newport), seemed so nice in the sun, 64 f on Sunday NO wind, amazingly enough for February.

I have made contact with Master Gardener speakers regarding presentations, question answering.....hopefully to come in March, if not this month. It seems they are getting busy. I've heard that our garden soil changes its PH every season. I'm hoping we can hear more about this, perhaps get some pamphlets or free testing kits.

Until next meeting, (3rd Tuesday, NOON) keep walking on the sunny side. Count signs of spring.....BARBARA CASTLE 503-375-7723 for questions



VOLUNTEERS OPPORTUNITY !!

Need 2 volunteers for a very important job. Only a couple of times a year. You would put out our signs advertising the big sales we have in the Spring and Fall. They get placed around the South part of Salem to attract as many customers as we can to keep making money for the center. Please leave your name at the front desk or call 503-588-0748 or call Roger 503-510-5343 to volunteer or get more information

Helpful things to know

Use Empty toilet paper roll to store appliance cords. It keeps them neat and you can write on the roll what appliance it belongs to.

Crayon marks on walls? This worked wonderfully ! A damp rag, dipped in baking soda. Comes off with little effort (elbow grease that is!)

Permanent marker on appliances/counter tops (like store receipt BLUE!) rubbing alcohol on paper towel.

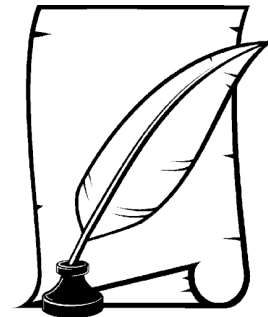
Writers Group!

WAITING

Waiting is one of the hardest things we do. And women are better at it than men. Perhaps that is a result of the many years women have spent waiting for their fathers, husbands, brothers and sons to return home from the untold number of wars fought throughout the centuries up to and including today. Waiting for news, good or bad. Waiting for a missing child to be found and returned safely into loving arms. Waiting for your first grandchild to be born. Waiting for your own child to be born. Waiting for your broken heart to mend. Waiting, as a child, for Santa Claus on Christmas Eve. Waiting for your doctor to call you with the results of your latest tests. Waiting for your daughter to come home from her first date. Waiting in a hospital while a loved one undergoes surgery. Waiting for the other shoe to fall. Waiting by the phone hoping he'll call and knowing you'll die if he doesn't. Waiting for the debilitating burden of grief to ease after losing a

loved one. Waiting requires courage, strength of character, infinite patience and nerves of steel. Waiting is one of the hardest things we do. And women are better at it than men.

Kay Novak
June 1, 2011



Senior Center Lunch Pick Up "New Hours March 1st 12:00 to 12:30 pm"

Marion-Polk Food Share has resumed lunch service Monday through Friday from 12:00 – 12:30 PM daily. Boxed lunches will be **"Handed Out"** at the side of the building near the kitchen. **"Drivers are asked to remain in their cars"**. Stacy will greet you and take your orders; two option will be available daily. For the present no donations or fees apply.

SSSC is not a Meals on Wheels distribution center. If you would like home delivery call 503-364-2856

Medicare Information Walk-in Meetings (Bingo Room)

United HealthCare Insurance
Informational Walk-in Opportunity
March 9, 2022
10:00 am - 12:00 pm

Providence Insurance
Information and Enrollment
March 24, 2022
10:00 am - 12:00 pm



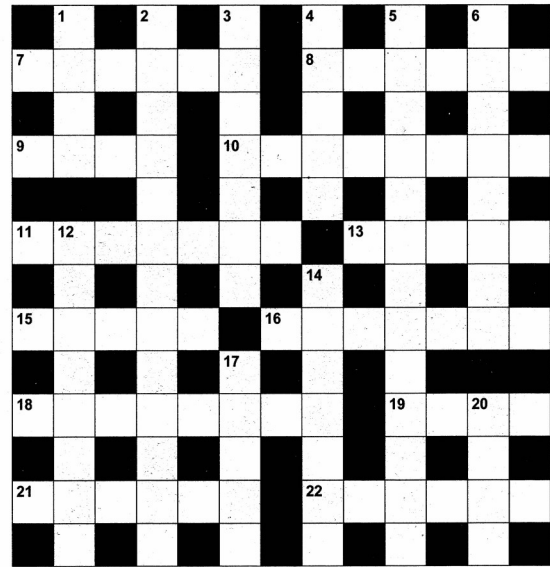
Calling all Pinochle players!

Come play **Single Deck Pinochle** on
Thursdays 10 am to 2 pm

Come play **Double Deck Pinochle** on
Fridays 10 am to 1 pm

Is Your Membership Current?

If you noticed the date on your mailing label is marked in yellow, your membership is due for renewal. Please stop by Monday thru Friday between 10 am and 2 pm to renew your dues or send a check. The cost is still \$20 per year. We value your membership to support the functions of our Senior Center.
Thank you!



Across

- 7 - Sudden in action (6)
- 8 - Emblem of victory (6)
- 9 - Flightless bird (4)
- 10 - Unable to appreciate music (4-4)
- 11 - Obscurity (7)
- 13 - Axis (5)
- 15 - Gave out cards (5)
- 16 - Disentangle (7)
- 18 - Setting (8)
- 19 - Part of a roof (4)
- 21 - Entertains (6)
- 22 - Leads (6)

Down

- 1 - The King ____ / ____ : musical (3,1)
- 2 - Liveliness (13)
- 3 - Large shellfish (7)
- 4 - Fail badly (5)
- 5 - Having four sides (13)
- 6 - Pest controlling worm (8)
- 12 - Prevail over (8)
- 14 - Financial statement (7)
- 17 - Timber frame (5)
- 20 - Extremely (4)

We appreciate your Donations
Alice Wells

South Salem Senior Center

6450 Fairway Ave SE

Salem, OR 97306

503-588-0748

www: southsalemseniors.org

sssoffice@comcast.net

Officers:

Camille Lockling , President	503-269-1463
Heather Rivas, 1st Vice President	818-618-2180
Paula Hindman, 2nd Vice President	503-362-9038
Linda Peyton, Office Manager	503-363-4290
Alice Wells, Secretary	971-719-4438
Nancy Grabow, Treasurer	503-884-5521

Board Meeting 3/14/22 12:30 PM

Board of Directors

Arturo Guillen Linda Jones
Dick McCullen Randy Miles
Linda Peyton
Kathy Parlet
Roger Corrado

Community Connections

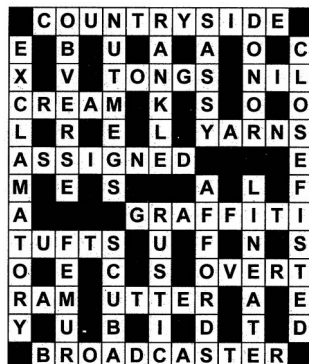
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**Wills & Trusts/Probates
Estate Planning/Elder Financial Abuse
Conservatorships/Guardianships**

**Senior Center members will receive a
25% Discount on all estate planning**



If you are reading YOUR newsletter online,
underlined text will be a LINK to webpages!
Click to visit the site.

Keep updated on the latest news by visiting our
Webpage <https://www.southsaalemseniors.org/>

Follow our **Facebook Page**
<https://www.facebook.com/southsaalemseniors/>

We post helpful tips, plenty of photos, plus
happenings in and around the South Salem
Senior Center on our Facebook Page.


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European Charm... Ashland - May 5-7
Sequoia & Yosemite - May 9-13
Portland Spirit to Astoria - May 11-13 or Oct. 5-7
Motor Coach Mystery Tour - May 29-June 3
Canadian Rockies - June 18-24
Montana & Glacier N.P. - September 8-14
Great Smoky Mt. - October 23-28



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on the Bulletin Board

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South Salem Seniors Newsletter
Monthly Publication

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You can receive your newsletter by mail, email or reading on the website: Call **503-588-0748**

If your membership expiration date is highlighted, please renew to support your Senior Center.
Renewal membership \$20.00 a year



Soup 'R Meals
Chef Todd Wieweck
503-428-1102

Meal Pick up Tuesdays at SSSC Kitchen
4-7:00 PM

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Meals available for purchase during the center closure
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