



**South Salem Seniors Center
Newsletter**

2022
happy new year

She knew Winter would officially be upon us, but it is hard to tell as she sits curled up in a cozy with a cup of tea. The weather station tells us winter is not quite here. Her Mr. Darrel has erected a feeder on the porch for whatever creature chooses to dine upon it. These little critters figure winter is already here. Mr. Darrel loves her and will do what he can to pull her out of the dark place she has found herself in. The telephone is within reach. Normally she would call one of her siblings to discuss matters. But she realizes there is only one left, and she is in her on dark place. As she writes this letter her brothers watch beeps above her head. She had brought home a box of her brother's letters from memory care. Tears came as she realized no one there had opened and read one card to him. What joy that would have brought him. Her last letter informed you members that she had a lung issue. Finally, it was diagnosed as walking pneumonia, crawling is more like it. During her healing process her brother died, Dec 8th, 2021. After 4 years of caring for him, she knew she could not be at his bedside. Her sister and precious daughter sat with him for one week before he passed on. I know this sounds like I am referring to someone else as I write about, she and her. I sort of feel that way occasionally. Now I will tell you what Camille ordered for her wonderful guy and herself for Christmas. We will be having some warm, wet, and wild times. We each are getting a soothing footbath. We can soak our feet, drink tea, and watch the squirrels together. During this time my neighbors who operate Soup R Meals have brought me so many nourishing meals. They also brought me a cheerful Christmas arrangement. Please remember they rent our kitchen for their catering business. My Darrel and I bring food to an elderly neighbor. The youngsters across the street help 3 of us seniors. They have also provided us a setup for clean drinking water in case of a catastrophe. You see we are all connected and , we were put on this planet to love and support each other.

During my healing and grieving time, the Center is in skilled and loving hands. Our one-time President, Mrs. Laurene Brousseau has been handling all the tax and legal matters. Mrs. Renata Pilotto has also been working in the office. She picks up the mail, pays bills and many other office things. Thank goodness we have them. They are truly a blessing. The ladies at the desk are presenting a pleasant and united front. The Thrift Store team are still hard at work. I think I would like to work in there, but I would become a hoarder. The

gents are still picking up donations and deliveries. I know for a fact I am leaving so many people out, not because they do not deserve recognition. It is just that all these steroids for pneumonia make me feel like there have been to many birds sitting on my antenna. I understand that Laurene coordinated a successful and cheery Craft Sale. I am so glad she did that. The Center needed some Christmas Cheer. So many people with many creative skills. I am lucky to sew a button on correctly. You might think I am exaggerating, but not so folks. I have had a couple of ladies do some mending on my wardrobe.

I know there is one person I forgot. That is Arturo Guillen, our newsletter editor. We literally would have no one to fulfill this job if not for him. Trying to come up with news for the monthly letter is not an easy task. He was kind enough to not ask me to write this letter. I offered because I knew he was concerned who would write it. I told him I would try not to be too morose. He is a true delight to know. I hear him from the back, shooting pool with the guys. I can tell when he scores because of his laugh that resonates from the back. I am running out of steam here. I truly wish you health, cheer, and friendships in your life's. Blessings once again.



**Happy Holidays
and
Happy New Year!**

Camille Lockling

South Salem Senior Center Winter Craft Fair 2021

Our Winter Craft Fair, 12/10 & 11 had a very good turnout. Thirty four crafters brought in their beautiful crafted articles, quickly filling some 40 plus tables in the Lobby, Dining and Bingo Rooms. Many had good business with lower priced items. Chef Todd served some very nice combinations of soups, salads and hot meals. Our table rentals brought in more than \$750 and the raffle brought in at least \$140 to the benefit of South Salem Seniors. Arturo was able to get some nice candid photos of the event. So a big thank you for all that came in to support the event: crafters who donated items for the raffle, ladies at the front desk, Louise for getting books & library together, ladies in the Nifty Thrifty for the Christmas items for sale and in the Gift Shoppe: they all made additional sales. Thanks to Dan Schie and Dan Allen for getting the signage out and picking them back up again, Thanks to Ramona for assisting with the raffle ticket sales, and a big thanks to Roger Brousseau, Arturo Guillen, Charlie Musgrave, Dan Allen and Dan Schie for mopping the floors, cleaning the tables, vacuuming the carpets, clearing the lobby and then getting it all back together again afterwards. If I have missed anyone, I apologize for not getting you named, but thank you for your participation. Many of the crafters – most whom are seniors, are interested in additional events – so maybe we may plan for a late spring, early summer and certainly next fall for some additional craft events to help support our senior crafters. It was simply nice to get people back into the building to have a little fun and comradery. Happy Holidays. Laurene Brousseau.



A BIG THANK YOU!

Thank You Volunteers
For all you do!

Thank you Members
For your continuous
Support and Patronage!

Happy New Year
Everyone!

Senior Center Lunch Pick Up

Marion-Polk Food Share has resumed lunch service Monday through Friday from 12:00 – 1:00 PM daily. Boxed lunches will be **"Handed Out"** at the side of the building near the kitchen. **"Drivers are asked to remain in their cars"**. Stacy will greet you and take your orders; two option will be available daily.

For the present no donations or fees apply.

SSSC is not a Meals on Wheels distribution center. If you would like home delivery call 503-364-2856

Thought it might be.

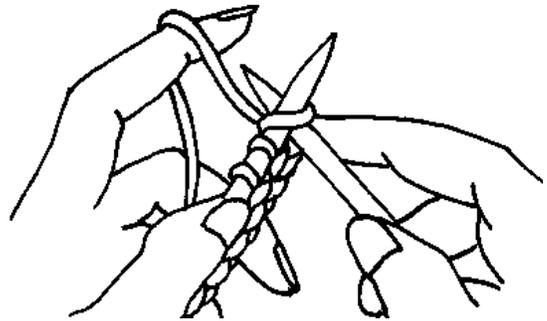
Happy New Year

At the beginning of each month we distribute our finished projects. in December we were able to distribute close to 100 items for Christmas packages to our community entities.

Thanks to all of you who created these beautiful items. A few of our group are unable to attend our Mondays 12-2 but send us their items to share.

We also thank those who donate us clean non wool yarn so we can create these items.

Please continue to do so. Hopefully we will continue in 2022 .

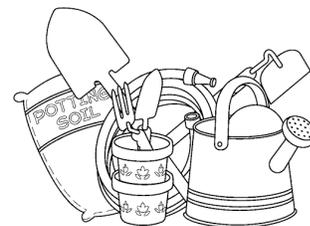


Betty

Garden News !

Well, here we are, at the end of another weird year.....somewhat better as our Sr Ctr was able to re-open, in an abbreviated time frame; but better than NOT opening. Our Garden Club has been mainly chatting about our garden successes & failures. Let's hope our speakers will be able to come give us presentations on master gardening. PLEASE submit ideas you would like to have discussed.....ie: Perennials; Shrubs; Best Tomatoes; any garden topic we could learn more about.....The garden club meeting is on the last Tuesday of December, the 28th, starting at noon, bring a lunch OR grab the free one from the truck parked out in front of our main entrance. You may see a few folks waiting. From now until further notice, we will meet on the last TUESDAY of each month, at noon, until 2pm when the Sr ctr closes for the day. As our weather warms, we may be welcome to visit special yards nearby, &/OR take some 'field trips' to local nurseries, where we have visited before. A whole NEW YEAR will be dawning, let's be optimistic that it will be better than the past two years.....Our recent gatherings have been very casual, we talk about our garden patches, ask questions re: problem plants, soil, winter protection, rose care, etc. We mainly enjoy chatting, catching up on our lives, eating goodies (Homemade OR store bought) having coffee. Sparkling cider since its NEW YEARS EVE We are not very disciplined but we can be helpful. We have many Garden Books in our Library that have been donated, for your perusal, to borrow, to search for names of those plants that are elusive, that one of us just might have a start of to share.

AND SO, until Tuesday, January 25 th 2022, we hope you had a lovely Christmas, quiet, fun-filled, however you like it best. We look forward to seeing new, & also familiar faces around our gardening forum table. (Wear your ugly Xmas sweater If you have one; let's be festive.....!!!!) We often have Garden magazines to share with whomever wants/needs them, an overabundance usually. For your collection or coffee table. QUESTIONS; please call Barbara....503-375-7723

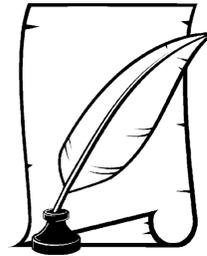


Writers Group!

I began journaling my travels in 1978 when we decided to take my parents in our 9' Kit Camper to visit Washington D.C., my father's lifelong dream since his naturalization in the late 50s. It was a souvenir he could show what states he traveled through from Oregon to Massachusetts, and his experiences visiting sites like the White House, Mt. Rushmore, Plymouth Rock, etc. Since then, I've got a compliment or two about my descriptions of locations that put the reader traveling along with us.

When I retired in 1999, we became snowbirds and stayed in Arizona for six months during the winter. While in Arizona, I joined a Writers Group. I felt I could write good enough to join without the benefits of a college writing course and expressed my feelings to June who created the Writers Group. Her advice to me was "to write about what you know and tell it in your own words on paper. You don't have to use tons of flowery words. People enjoy straightforward writing better anyway." Her advice got me into writing my lifetime experiences and adventures, which became enjoyable reading for family and friends. I now belong to South Salem Senior Center's Writers group who are a great resource for free writing advice, and who listens, without critiquing, to the wonderful life stories written. So put your head down, write, and one day people will say "Who did this?" Come join the group on Wednesdays at 10am to 12 noon. See you there!

Rosie Smith
Senior Center Writers Group
November 15, 2021



Medicare Informational Walk-in Opportunity

UnitedHealth care Insurance

January 19, 2022 10 am – 12 pm

Providence Insurance

January 27, 2022 10 am – 12 pm

Current Center Activities

Mondays	12:00 pm - 2:00 pm	Needle Crafts
Tuesdays	10:30 am - 2:00 pm	Bridge
Tuesdays	10:00 am - 12:00 pm	China painting
Wednesdays	10:00 am - 12:00 pm	Life Story
Thursdays	1:00 pm - 2:00 pm	Single Pinochle
Fridays	10:00 am - 1:00 pm	Double Pinochle

Pool Table Monday thru Friday

Apple Pie Taquitos

INGREDIENTS

For the Filling:

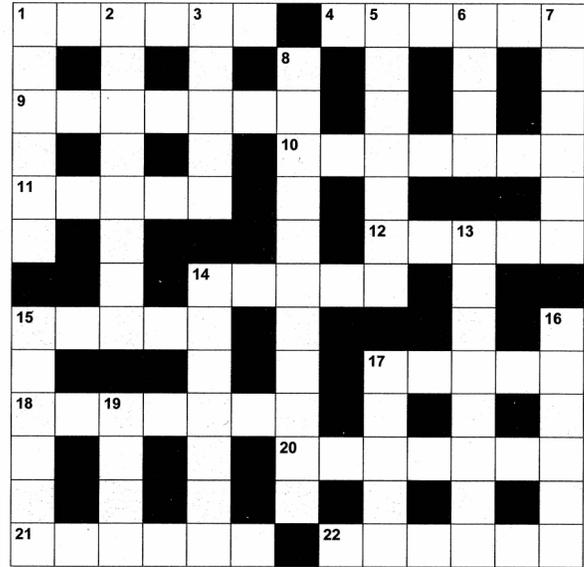
- 2 Apples peeled and diced
- 1/4 cup Brown Sugar
- 1 tsp Cinnamon
- 1/4 tsp Nutmeg
- 1 tbsp Cornstarch
- 1/4 cup Water

To assemble:

- 4 Flour Tortillas
- 2 tbsp Melted Butter
- 1/4 cup Brown Sugar
- 1/2 tsp Cinnamon
- 2 tbsp Caramel Syrup

INSTRUCTIONS

Combine all ingredients for the filling in a pan. Simmer over medium heat for 10 minutes or until apples are tender as preferred. Leave to cool slightly. Stir together brown sugar and cinnamon in a dish. Fill tortillas with apple filling and roll to close. Brush each taquito with butter then roll in the cinnamon sugar. Arrange taquitos in a baking sheet lined with parchment. Bake for 15 minutes at 350F. Drizzle caramel syrup on top of the taquitos to serve.



Across

- 1 - Pressed (6)
- 4 - Impress deeply (6)
- 9 - Friendly goodbye (7)
- 10 - Musical instrument (7)
- 11 - Attribute (5)
- 12 - Join together (5)
- 14 - Small lakes (5)
- 15 - Dough-like mixture (5)
- 17 - Voting compartment (5)
- 18 - Grotesque monster (7)
- 20 - Robbers (7)
- 21 - Circumstances (6)
- 22 - Tenant (6)

Down

- 1 - Linear units (6)
- 2 - Warm to excess (8)
- 3 - Acquires (5)
- 5 - Disposed to love (7)
- 6 - Move rapidly (4)
- 7 - Compare (6)
- 8 - Large globular fruit (11)
- 13 - Includes (8)
- 14 - Prepare for printing (7)
- 15 - Preserved cucumber (6)
- 16 - Morally pure (6)
- 17 - Illegal payment (5)
- 19 - Lazy (4)

We appreciate your Donations

Charles & Suzanne Musgrave

Board Meeting 10/1/22 1:00 PM

**South Salem Senior Center
6450 Fairway Ave SE
Salem, OR 97306
503-588-0748**

www: southsalemseiors.org
sssoffice@comcast.net

Officers:

- | | |
|-------------------------------------|--------------|
| Camille Lockling , President | 503-269-1463 |
| Heather Rivas, 1st Vice President | 818-618-2180 |
| Paula Hindman, 2nd Vice President | 503-362-9038 |
| Linda Peyton, Office Manager | 503-363-4290 |
| Alice Wells, Secretary | 971-719-4438 |

Board of Directors

- | | |
|----------------|-------------|
| Arturo Guillen | Linda Jones |
| Dick McCullen | Randy Miles |
| Linda Peyton | |
| Kathy Parlet | |
| Roger Corrado | |

Community Connections

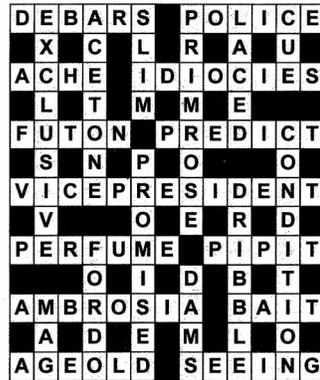
Mike Giertych

Maintenance & Repair General Handyman Services:

decks, gutters, painting,
roof maintenance, fences,
pressure washing, and more.

(503) 315-8953
mikegiertych@aol.com
CCB#203738

Solutions for 12/2021 Puzzle



Virgil T. Golden Funeral Service

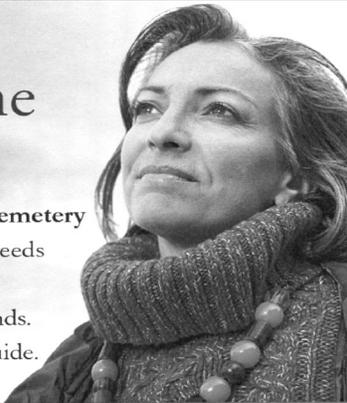
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Webpage <https://www.southsalemseiors.org/>

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**Wills & Trusts/Probates
Estate Planning/Elder Financial Abuse
Conservatorships/Guardianships**

**Senior Center members will receive a
25% Discount on all estate planning**



If you are reading YOUR newsletter online,
underlined text will be a LINK to webpages!
Click to visit the site.

Follow our **Facebook Page**
<https://www.facebook.com/southsalemseiors/>

We post helpful tips, plenty of photos, plus
happenings in and around the South Salem
Senior Center on our Facebook Page.

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Community Connections



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- Sequoia & Yosemite - May 9th – 13th
- Portland Sprit to Astoria – May 11th – 13th
- Canadian Rockies – June 18th – 24th



Call for Details or See them on the Bulletin Board

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South Salem Seniors Newsletter Monthly Publication

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6450 Fairway Av. SE
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If your membership expiration date is highlighted, please renew to support your Senior Center.
Renewal membership \$20.00 a year



Soup 'R Meals
Chef Todd Wieweck
503-428-1102

Meal Pick up Tuesdays at SSSC Kitchen
4-7:00 PM

6450 Fairway Ave SE
Salem, OR 97306

Meals available for purchase during the center closure
<https://souprmeals.com/>



Breakfast will resume
When we open again

Join us for pancakes or homemade
Biscuits and gravy. Served with eggs,
Sausage or ham, orange juice,
Coffee or tea