



South Salem Seniors Center Newsletter

It is wonderful to see the doors of South Salem Senior Center open and welcoming its members inside. The first day kept us volunteers on our toes. The Rummage room took in over \$700.00 in 4 hours, The Gift Shop took in about \$200.00. One of our biggest sales were the books and puzzles. As I sit in the office making bank deposits, I am especially amazed to see all the memberships being paid. It told me how many of you are so happy to be back. They keep me in the back, so I stay out of trouble. Visualize this if you will. I had all the paperwork ready to enter in the computer. I had my stacks of bills by denomination. Without thinking it through I turned on the fan. Do I need to say more? I spent some time crawling around and under the desk gathering up my hard work. No worries folks I pulled it together.

We asked for everyone to wear a mask. There were very few who had to be asked to don a face covering. I think one might have a problem if you like to wear a mask. But this effort is for the good of all. Let's keep these doors open.

We have had so many donations made to the Center. The guys go pick it up and haul it in. The Thrift Store ladies spend countless hours sorting and pricing.

Renata Pilotto has the Gift Shop full of many lovely collectibles. We will start our advertising for the Fall Rummage sale in mid-September. The sale itself will be on October 1st and 2nd. The hours will be 9:00 a.m. until 4:00 p.m. We will only be accepting cash and checks. So please fill your pockets with some spending money.

I am working on forming a group to line up people who might like to run for an Office or be on the Board. I would again strongly encourage you to leave a message or contact me directly if you are interested. I know there must be many people who are capable of filling a position. Please do not think we will throw you into the middle of something without support.

I am learning how to drive a Model T Roadster.

My husband is restoring one from the bottom up. It will be my car, so I got to pick out the color, it is Royal blue and brass. Even after 27 years I am still amazed at the man's skill. We have been in our home 21 years; he is finally sharing the patio with me in the evening as we sip a beverage of choice. This pandemic has shown me who my best buddy is.

I am so happy we have opened up. In mid-October Marion Polk Food Share will be serving meals again. We are not ready for Bingo yet. Small steps folks.

Many Blessings to you all.



Camille Lockling

Fall Rummage & Book Sale



October 1 & 2, 2021
9 a.m. to 4 p.m.

Lots of Furniture
Household Goods Tools
Appliances Sporting Goods
Clothing for Men/Women and Children
Books Puzzles CDs DVDs VHS
Jewelry Gift Items of All Kinds

6450 Fairway Ave SE
Salem, OR 97306
503-588-0748

COVID-19 Vaccines

Where can I find a clinic?

- Visit getvaccinated.oregon.gov
 - Call 2-1-1
 - Text ORCOVID to 899211
 - Email ORCOVID@211info.org
- marion County wel DVD



COVID-19.MCHEALTHY.NET

Senior Center Lunch Pick Up

Marion-Polk Food Share has resumed lunch service Monday through Friday from 12:00 – 1:00 PM daily. Boxed lunches will be **"Handed Out"** at the side of the building near the kitchen. **"Drivers are asked to remain in their cars"**. Kayla/Steve will greet you and take your orders; two option will be available daily.

For the present no donations or fees apply.

SSSC is not a Meals on Wheels distribution center. If you would like home delivery call 503-364-2856

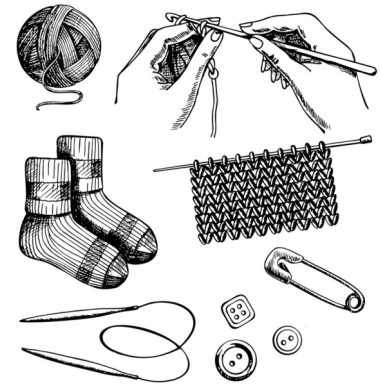
"Knitting/crocheting keeps you sane" was a quote from the Olympian British diver Tom Daly, as he sat on the sidelines at the Olympics knitting and crocheting. He found it to be calming, for mental fitness and relieving stress. Not that any of us need that?

Recently someone donated a 1959 edition of a how to knit and crochet book. Several of us recognized this as a book we learned from. Great memories. This book was in much better shape than mine was after being thumbed through so many times.

If you need to refresh your knitting or crocheting skills or need to develop new skills or just want to meet some new friends or escape from home, please join us on Mondays from noon to 2 pm in the room off from the library next to the pool table. If your excuse for quitting knitting was that all your friends and family had enough

knitted items, we donate our finished items to hospices, nursing homes, birthing and children centers, dialysis centers and the homeless. Remember you are doing it for your mental fitness and to relieve your stress and keep sane.

Betty Pyle



Garden News !

On Monday, August 2nd; the GRAND RE-OPENING of our South Salem Senior Center finally happened. Rose Lowery presented \$1100 on behalf of the garden club. This was earned from garden sales, at her home, from starting seeds to potting and re-potting the little plants to be sold in her frontyard, alongside a sign, saying the sales were to benefit our Senior Center, while it was closed due to the COVID PANDEMIC, which lasted nearly a year-and-a-half. An awfully LONG TIME for those of us needing books, puzzles, & camaraderie. A GIGANTIC THANK YOU GOES OUT TO OUR ROSE for her dedication in having a plant sale, at her own expense, to benefit our S Salem SR. Center !!! Joanne N donated Bamboo, perennials from her own garden, Linda Schaefer helped Rose as did Sandy Santiago, Joyce Royland, Barbara Castle & hubby Gregg Merrill. Several folks dropped by to offer labor type help, moving plants from Rose's backyard UP to the sales tables on her driveway.

TENTATIVELY planning our first Garden Club meeting on August 24, Tuesday, around noon, PLEASE bring your lunch, SSSCtr not serving lunch until October I've heard. PLEASE COME, it has been too long since we've had a good chance to get together. Just before the Covid Lock-down, our club was gifted many garden magazines, I will bring them, everyone can take several home with them, to plan for the better year ahead.....If you have questions re: the meeting date, please phone me, I should know as the week gets closer Barbara Castle.....503-375-7723, call in afternoons only, please, I need my beauty sleep.....LOL



My Story Writing Group

We're Back!

Our writing group is back meeting in the big room behind the pool table. For the past 8 or 9 months we have been meeting via Zoom, thanks to Oscar, one of our members, but only had a half hour of time in which we could share our stories each week. . We are so glad to see each other in person EVEN in though we are wearing masks.

We welcome anybody who wants to check out what we are doing and what we are writing and reading. While the Center is open limited hours

we are meeting from 10 AM until 12 noon, every Wednesday. We look forward to being able to come back to our usual hours of 9 AM to 11:45 AM.

We take turns reading our various writing efforts to each other as a group, And we do NOT critique each other's writing. We do like to make sure everybody who has brought their stories and jokes has time to read to the group every week.

Velma Hampson

Pull-top Cans Inventor

Ermal "Ernie" Frazee was born in 1913 in Indiana. He eventually moved to Ohio, where he embarked upon a career as a machine tool operator during the 1940s. In 1949, he formed his own machine tool business, the Dayton Reliable Tool Company, in Dayton, Ohio. This firm manufactured tools and machinery for various industries. Among Frazee's clients were General Electric, Ford, Chrysler, and the National Aeronautics and Space Administration. To improve his business acumen, Frazee also enrolled and graduated from the General Motors Institute, modern-day Kettering University, in Flint, Michigan.

In 1959, Frazee decided to invent an improved beverage can. The current design required people to purchase a separate opener to access the beverage. One day at a picnic, Frazee forgot his "church key," the name for the opener, and had to use a car bumper to open drinks for himself and his guests. Later this same year, Frazee developed a can with the opener, a lever, attached. Unfortunately, this design produced a sharp opening, sometimes injuring the drinkers. Soon thereafter, Frazee developed a can, known as the "pull-top" can, where the user only had to pull a removable tab to access the drink. Although Frazee did not receive a patent for his invention until October 31, 1967, over seventy-five percent of beer brewers in the United States of America had adopted Frazee's can by 1965. The first company to utilize Frazee's design was the Pittsburgh Brewing Company in Pittsburgh, Pennsylvania.

Frazee's pull-top can proved to be a major improvement in beverage packaging, allowing drinkers quick and easy access to their drink. Unfortunately, pull-top cans increased litter in the United States, as many users simply threw the tab onto the ground. Other drinkers injured themselves by placing the tab inside of the can and then swallowing or cutting themselves on the tab when they drank. To solve these issues, in 1977, Frazee patented the first push-in and fold-back tab. This tab remained attached to the can, and it is the principal design still used on canned beverages today. By 1980, Frazee's new tab design and machinery to manufacture the can was earning the Dayton Reliable Tool Company, known by this time as the Dayton Reliable Tool and Manufacturing Company, Inc., over **500 million dollars per year**.

Frazee died from a brain tumor in 1989. Soon thereafter, Frazee's heirs sold the Dayton Reliable Tool and Manufacturing Company, Inc., to the business's managers. It remains in operation in Dayton today.

Zucchini Bread

Serves 8 to 10

Prep Time: 8 minutes

Cook Time: 50 minutes

Ingredients

1 ½ cups of All Purpose Flour ½ tsp of Salt

1 tsp of Baking Soda

½ tsp of Baking Powder

1 ½ tsp of Ground Cinnamon

¼ tsp of Nutmeg

2 Eggs

½ cup of Vegetable Oil

1 cup of Granulated Sugar

¼ cup of Brown Sugar

1 cup of Shredded Zucchini (from about 1 large zucchini)

2 Tsp of Vanilla Extract

½ cup of Chopped Walnuts, optional

1) Preheat the oven to 350 degrees, Spray an 8X4 loaf pan with non stick spray and lay the bottom with parchment paper, set aside.

2) In a large bowl with a hand held mixer, add the eggs and both kinds of sugar and whisk until smooth. Add the vanilla, zucchini and vegetable oil and mix that until its all well combined.

3) In a smaller bowl, add the flour, baking powder, baking soda, salt, cinnamon and nutmeg.

4) In another small bowl, toss the walnuts in 2 Tbsp of the flour mixture.

5) Add the flour mixture to the zucchini mixture and mix to combine but making sure not to over mix. Fold in the walnuts coated in the little bit of flour.

6) Pour mixture into the prepared baking pan and bake for about 50 minutes to an hour or until a toothpick inserted into the center comes out clean.

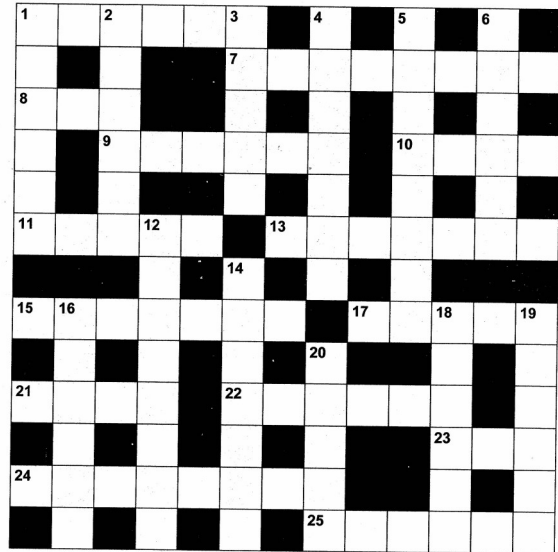
Allow it to cool slightly before serving.

South Salem Senior Center
6450 Fairway Ave SE
Salem, OR 97306
503-588-0748

www: southsalemseiors.org
 ssscoffice@comcast.net

Officers:

| | |
|-------------------------------------|--------------|
| Camille Lockling , President | 503-269-1463 |
| Heather Rivas, 1st Vice President | 818-618-2180 |
| Paula Hindman, 2nd Vice President | 503-362-9038 |
| Linda Peyton, Office Manager | 503-363-4290 |
| Alice Wells, Secretary | 971-719-4438 |



Across

- 1 - Fraternize (6)
- 7 - Judges (8)
- 8 - Goal (3)
- 9 - Republic in E Africa (6)
- 10 - Cut of meat (4)
- 11 - Iron alloy (5)
- 13 - Relate (7)
- 15 - Experienced serviceman (7)
- 17 - Practice (5)
- 21 - State of USA (4)
- 22 - Old Portuguese coin (6)
- 23 - Small green vegetable (3)
- 24 - Raised horizontal surface (8)
- 25 - Chase (6)

Down

- 1 - Stores (6)
- 2 - Bewilder (6)
- 3 - Announcement of a marriage (5)
- 4 - Attempted; tested (7)
- 5 - Separates out (8)
- 6 - Sign of the zodiac (6)
- 12 - Canine (3,5)
- 14 - King Arthur's home (7)
- 16 - Breathe out (6)
- 18 - Takes up (6)
- 19 - Diversion (6)
- 20 - Rascal (5)

We appreciate your Donations

Rose Lowery

Finance Meeting 9/8/21 1:00 Pm

Board Meeting 9/13/21 1:00 PM

Board of Directors

| | |
|----------------|-------------|
| Arturo Guillen | Linda Jones |
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| Linda Peyton | |
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Solutions for August issue

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| B | L | O | O | I | N | G | A | C | E | S |
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| S | L | I | U | C | A | B | | | | |
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Conservatorships/Guardianships

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25% Discount on all estate planning***



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underlined text will be a LINK to webpages!
Click to visit the site.

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We post helpful tips, plenty of photos, plus
happenings in and around the South Salem
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Monthly Publication**

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If your membership expiration date is highlighted, please renew to support your Senior Center.
Renewal membership \$20.00 a year



Soup 'R Meals
Chef Todd Wieweck
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Meal Pick up Tuesdays at SSSC Kitchen
4-7:00 PM

6450 Fairway Ave SE
Salem, OR 97306

Meals available for purchase during the center closure
<https://souprmeals.com/>



Breakfast will resume
When we open again

Join us for pancakes or homemade
Biscuits and gravy. Served with eggs,
Sausage or ham, orange juice,
Coffee or tea