



Happy Valentine's Day

South Salem Seniors Center Newsletter

If I did not wish you Happy 2021 in the last Newsletter, I will do it again. Happy 2021. I asked for some input from the Members last Newsletter, a couple of you sent something in. I had one person say my letters should only be about the Center, not any of my thoughts. Let me see what I can come up with. I am so grateful for all the dues paid and donations. Sorry we have not sent out receipts, the postage would be outrageous. We had to have the oven fixed in the kitchen. We had to spend a little over \$900.00 to Day heating. We are still closed, Duh! Lorene Brousseau has been so kind as to come in the office and help me. Her hubby Roger Brousseau wins the jeweled crown for all he does for the Center. Arturo Guillen is committed to putting out our Newsletter. The ladies come in periodically to work on donations that have come in. I know I am missing someone; I am sorry if I have. We are in the deficit in our account, but we still have funds to cover it. Think of a Fully Feathered Chicken as a bank account. Just doing fine and strutting its stuff. Think of our account as a plucked chicken. It is still strutting, but it is moving slower. Donations and dues plump that chicken up. We have tried to think of ways to cut corners regarding expenses. Todd's contract has been increased \$100.00. Our janitor's hours have been cut in half. Some suggested we cut the Newsletter down to bare bones. No color, just what I would call boring. I am still the President, that is until we have an election, an impeachment, or I quit. I know I was going somewhere with this, oh yes as long as I am in the position of President the Newsletter stays as it is. Yesterday some of the Board Members had their first Zoom Meeting. It was quite interesting; Alice Wells took minutes. We covered important issues, and we laughed a lot. You could say we were Zoom Virgins. We were all wondering what we were drinking in our cups. I had a Zoom meeting with my Doctor. I asked him if we should wear a mask during the call. He did not really see the humor in my question. I am afraid Zoom is part of our future here on out. We have had many messages regarding taxes. We left a message on our phone for people to listen to the entire call. There was a number left for you to call regarding AARP. The number is (541) 649-2395. Please do not leave us a message, we are the middle person relaying a phone number to you. AARP is not using our facility for tax preparation. Once you call that number you will be directed to a website for AARP. It is aarpfoundation.org/tax-help. You will not be able to get the information you need on that site until it goes live on Friday, January 29th. You should be able to

make your own appointments there. You will be able to pick up Client information and form packages on Monday, February 1st. There hours will be Mondays from 8:30 to 3:30. And Wednesdays and Fridays from 8:30 to 5:00 P.M. Along with the form packages they will be able to make an appointment at that time. During your initial appointment they will only scan your documents. All tax preparation will be done remotely, with the tax preparers and reviewers communicating with you by phone. Once your tax return has been completed, they will contact you on further steps. The place to pick up these forms will be at Baxter hill Community Hall. 1780 Baxter Hill Rd, Southeast Salem, OR 97306. There is not a phone number to call at Baxter Hill. If you cannot reach the website I would encourage you to have a family member or someone help you. I know this is frustrating for all of us. But this is the only information I can give you. We are not able to aide you at our Center or at your home. I believe your best bet is the website or try leaving a message at (541) 649-2395 . Peace and joy to you all,



Camille Lockling



By Doris Smeckert
Winter Village, MI

ORIGINAL FOOLISHNESS

I've a toothless grin
When my plate's not in - I'm 103

My hair is thin
Except on my chin - I'm 103

My back is weak
My bones all creak - I'm 103

My nose will drip
Down to my lip - I'm 103

My hearing's dead
"What's that you said?" - I'm 103

I try not to fall
Don't want to call,
"I've fallen and I can't get up" - I'm 103

I like my chair
There's comfort there - I'm 103

I might drool
But I'm no fool - just 103

It shouldn't be,
When I sneeze I pee - I'm 103

Times moving fast
Suppose I'll last to 104?

IF MY BODY WERE A CAR...

If my body were a car, this is the time I would be thinking about trading it in for a newer model. I've got bumps and dents and scratches in my finish and my paint job is getting a little dull ... But that's not the worst of it.

My headlights are out of focus and it's especially hard to see things up close

My traction is not as graceful as it once was. I slip and slide and skid and bump into things even in the best of weather.

My whitewalls are stained with varicose veins.

It takes me hours to reach my maximum speed.

My fuel rate burns inefficiently.

But here's the worst of it -

Almost every time I sneeze, cough or sputter ..either my radiator leaks or my exhaust backfires!

How Dry is in Texas?

A buddy out of Longview said he'd killed a mosquito that was carrying a canteen.

A man in Dime Box said the chickens farmers were giving the chickens crushed ice to keep them from lying hard-boiled eggs.

In Lake Palestine, they caught a 20 lb catfish that had ticks on it.

But just this week, in Bryan, a fire hydrant was seen bribing a dog.

It's so dry in Texas that the Baptists are starting to baptize by sprinkling, the Methodists are using wet-wipes, the Presbyterians are giving out rain-checks, and the Catholics are praying for the wine to turn back into water.



Senior Center Lunch Pick Up

Marion-Polk Food Share has resumed lunch service Monday through Friday from 12:00 – 1:00 PM daily. Boxed lunches will be **"Handed Out"** at the side of the building near the kitchen. **"Drivers are asked to remain in their cars"**. Kayla/Steve will greet you and take your orders; two option will be available daily.

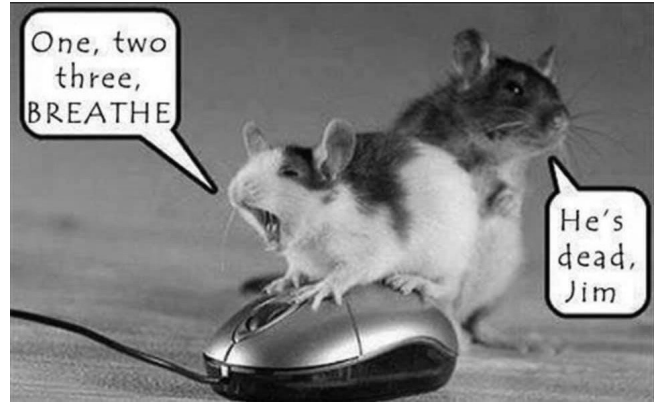
For the present no donations or fees apply.

SSSC is not a Meals on Wheels distribution center. If you would like home delivery call 503-364-2856

A SENIOR'S LAMENT

I CAN ALWAYS WEAR A WIG WHEN MY HAIR
GETS THIN
AND WHEN MY TEETH FALL OUT. I CAN WEAR AN
ARTIFICIAL GRIN
THERE ARE SYNTHETIC TEARS AND REPLICATED
SPIT.
TRANSPLANTED ORGANS AND TITANIUM HIP.
ELECTRONIC PACEMAKERS AND KNEE MADE TO
FIT.
I MAY CLICK WHEN I TALK AND RATTLE WHEN I
WALK
BUT I'M STILL IN HERE
DON'T RECOGNIZE ME DEAR ?

AUTHOR-COLLEN MANNING
COMPOSED MAY 6.2007 (MOTHER'S DAY)



Once you are in heaven, do you get stuck wearing
the clothes you were buried in for eternity?
Why does a round pizza come in a square box?
What disease did cured ham actually have?
How is it that we put man on the moon before we
figured out it would be a good idea to put wheels on
luggage?

	2			6		8	
9	3		7	8			
		6	4				7
			2			4	
		2	6		3	5	
		1			7		
6					4	8	
				3	9		5 6
	7		1				9

Why is that people say they "sleep like a baby"
when babies wake up like every two hours?
Why do people pay to go up tall building and then
put money in binoculars
To look at things on the ground?
Why do doctors leave the room while you change?
They're going to see you naked anyway?
Why's "bra" singular and "panties" plural?

February 2021 Days to Remember

- 2 Groundhog Day
- 3 Carrot Cake Day
- 4 Thank your Mailman Day
- 7 Send a Card to a Friend Day
- 8 Queen Elizabeth the Second Becomes Queen (1952)
- 12 Lunar New Year
- 14 Valentines Day
- 15 President Day
- 17 Ash Wednesday
- 23 Polio Vaccines Start in the United States
- 28 GulfWar Ends (1991)

Crafters News !

YARN, YARN, YARN!

HELP from anyone who has a yarn stash and wants to get rid of it! Call Arlene Williams, 503-837-9750 She'll pick it up.

The Crafters have changed their schedule since the weather changed. We now meet on the first Monday of the month at SSS. Everyone brings their finished projects so that the items can be delivered to Hospice, Operation School Bell, Homeless, etc. Everyone has been working very hard and bags of items were brought in January to disperse. The small amount of yarn that was available was given out. We now have no surplus. Our cupboards are bare. If you have some to donate, give Arlene Williams a call and she will come after it. 503-837-9750.

One of our knitters, Margaret, created the pictured item. It is a bag for coloring books, with a pouch for a box of crayons, and slots for markers. Starting in February, we will start donating to a new group called Salem Angels. They are group that will help foster families. They will give each family that they are working with a Love Box. It may contain food, gas coupons, clothes, games, etc. Whatever the foster family needs. We will have sweaters, hats, mittens, blankets, and the bag with markers. (Arturo, can you put the picture here?)

Continuing on with "What do you do with all of your extra time during the pandemic?" Patrice is the one who brought up the topic at one of our outdoor sessions. Patrice is a crocheter. She can repair crocheted items, complete items that come to us unfinished, make things from scratch, etc.

When Patrice came to join our group, all of us wanted to remember her name. She related the story of how she received her name. When she was born, her mother didn't have a name picked out and the hospital informed her that she couldn't leave until the baby had a name. Her mother took a walk down the hallway and saw a coffee table with magazines. There was a Life magazine with a picture of Patrice Munsel, an opera singer, on the front cover. Her mom thought that she liked that name and thus she solved the problem of being able to go home!!! After hearing the story, we've always been able to remember her name!!

Besides crocheting expertly, Patrice likes to ride a bike, something that she enjoyed as a child!

The next time for the Crafters meet will be Monday, February 1st at 1:00 to 1:30. Bring your completed items and hopefully, there will be some yarn for you to take.



Members Contributions !

Let Go and Hold on By Nina Bush

Time changes us to let go and hold on. Let go of our parents hands and our favorite toys. Hold fast to lessons learned and values taught.
Step out of secure footholds to new horizons. Release our children's' hands and our love ones gone. But retain the family remembrances and love fulfilled. Absolve any bitterness and strife, and find the friendships gained. Relinquish treasures stored, yet preserve the memories of invaluable moments.
Let go of homesteads rooted. But hold on to the promise of our Eternal Home.
For as the hand openeth , it sets free and is ready to receive again.

Poem by Joan Brower-90 yrs old Former 20 year Volunteer

It happened at the South Salem Senior Center
Nobody there, I cannot enter
I miss the books and I miss the Gals
Some I don't know, others are pals
I miss shopping at Nifty Thrifty
Where else can I get a Ceramic Cat for \$1.50.
C'mon Virus, go away
Give us back our fun
Let us come and spend a day
You would get cheers from everyone

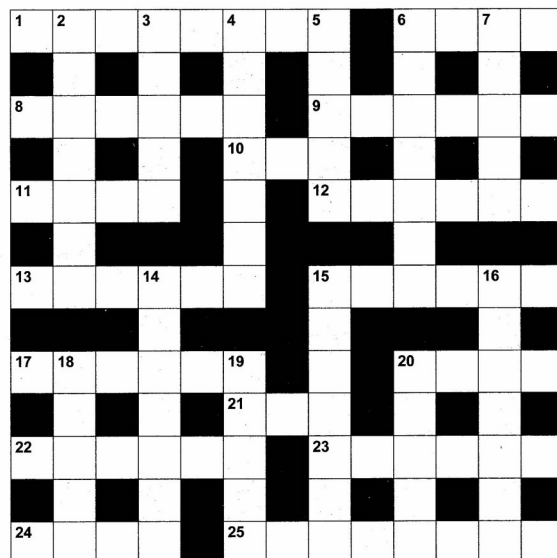
Strawberry 2 Ingredient Fudge

Ingredients:

- 1 (16 oz) can of strawberry frosting
- 1 12 oz bag of white chocolate chips

Instructions

1. Prepare a 9×9 pan by spray lightly with cooking spray.
2. Over a double boiler, or in the microwave, melt your white chocolate chips.
3. When chips are melted, remove from heat and stir in your strawberry frosting, evenly.
4. Spread in your prepared pan and place in fridge to set for 30 minutes.
5. Cut into squares to serve.



Across

- 1 - Relaxed (4-4)
 6 - ____ cola (drink) (4)
 8 - Cell centers (6)
 9 - Walk very quietly (6)
 10 - Allow (3)
 11 - Entry devices (4)
 12 - Leavening fungi (6)
 13 - Far from the intended target (6)
 15 - Remove color from (6)
 17 - Twisted (6)
 20 - State in the W United States (4)
 21 - Sheep (3)
 22 - Renovate (6)
 23 - Decline (6)
 24 - Chances of winning (4)
 25 - Pile of fodder (8)

Down

- 2 - Charms (7)
 3 - Girl's toys (5)
 4 - In a nimble manner (7)
 5 - Money pot (5)
 6 - Small cake (7)
 7 - Punch hard (5)
 14 - Players (anag) (7)
 15 - Totally without moisture (4-3)
 16 - Traditional example (7)
 18 - In front (5)
 19 - Extent (5)
 20 - Disturb (5)

We appreciate your Donations

Sue Musgrave
 Marjorie Campbell
 Vera Jones

David Grasser

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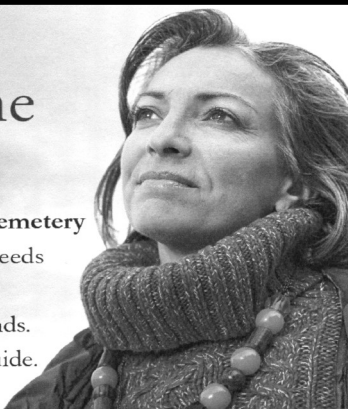
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brandy.khlystov@jeaseniorliving.com

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Click to visit the site.

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We post helpful tips, plenty of photos, plus
happenings in and around the South Salem
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If your membership expiration date is highlighted, please renew to support your Senior Center.
Renewal membership \$20.00 a year



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<https://souprmeals.com/>



Breakfast will resume
When we open again

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Sausage or ham, orange juice,
Coffee or tea