

South Salem Seniors Center Newsletter

Happy Holidays South Salem Senior Center. If we choose to follow the Governors directions, then I would say most of us are staying home. Hopefully, you have someone to spend it with. I know most of us are just plain sick and tired of this pandemic. I know many of you might think it is malarkey and there is no virus. Or if there is then it is minimal. I have kept quiet about my opinions on this virus, I no longer will. This is not a conspiracy folks. I am amazed that some think it is a big hoax carried out all over the world and our medical people are conspirators to this hoax. People have gone totally over the edge in their denial. Most people absolutely do not want to be told what to do. We do not want to wear a mask; we do not want our businesses closed. Many want everything just as it was. I believe we will never be as we were before. I also believe we will get a vaccine to slow it down. But if we do not listen to what we are being told then the vaccine is worthless. No one has created this virus so they could create a vaccine in order to become wealthy. That is just more denial. Some may think I am being out of line here. I need to tell you why. I had a younger sister who was in denial about how serious this virus is. She highly resented masks and gloves. We had some strong disagreements regarding this. She would not communicate with me since June. My younger sister had surgery and died almost two weeks ago. She never replied to the I love I sent her way. She believed a person in power who flaunted this virus and the message of no need to wear masks. That person in power will never know the people that are willing to blindly follow along. If you want our Center to open, then listen to the doctors. If you want to be with your friends and family then wear a mask, keep a

distance. Do not give up and put yourself in jeopardy. We are old enough and should be wise enough. This virus has no friends. I just found out where my brother lives there is a new case of Covid. Someone let their guard down. Now we wait for test results. The bills are still coming in, little income is coming in. So, I want to thank you for your dues and your donations. Some of your dues were returned. If that is the case, please send them to me at my home. My address is Camille Lockling, 5280 Kinzua Ct S. Salem, OR 97306. The Post Office and I are on the same page again. Bless those people! I do not want to concern you into thinking the Center is in financial trouble. We are not. But any income is helpful. I do not mean to be offensive, but I feel it is my responsibility to be clear about how I feel Blessings.



Crafters News!

We Senior Citizens are frequently asked, "What do you do with all of your free time?" Many will answer, "What free time?" One group in our area is called the Richmond Rosie's. This group is made up of 4 ladies, who banded together to make masks for all types of groups that need them. One of these ladies is Laura Hildebrandt, a member of the local Special Emergency Response Team. The other 3 are Linda Doerfler, Pat Doerfler, and Sandy Halfman. They gather in one of their homes and set up an assembly line. Since the beginning of the pandemic, they have created 8600 masks. They began using their own fabric and when that ran out, people donated fabric or mon-

The picture above displays their latest supply of 415 masks that is the result of ten days' work. These masks will be given to a local charity entitled Family Building Blocks. They will then be given to those who are in need of masks.

Since Laura is part of the local SERT team, the city of Salem frequently contacts the Rosie's. They have an extra large size, which they created when a local fire department requested masks.

If anyone wants to contact them to donate money or fabric, or make an

order, you may contact Linda at lindylu.52@gmail.com The main objective of the Rosie's is that everyone stay safe.

Here we are on a beautiful sunny November 2nd having our usual Monday meeting. Most of us are wearing jackets, but it was not too cold. We all commented on the beautiful fall leaves in the background. We don't know how many more times we will be able to meet before the cold weather sends us indoors. When that happens, Arlene and Alice will be at the SSS from 1:00 to 1:30 to collect finished projects.

Last month we distributed hats, scarves, lap quilts, afghans, baby hats and booties, mittens, socks, fingerless gloves, crocheted animals, quilts, etc. To two hospices, Liberty House, Operation School Bell, and a homeless organization. Now we'd like to appeal to anyone who has extra yarn that they'd like to donate. Bring it to us on a Monday from 1:00 to 1:30. We will definitely put it to good use. We are busy active people.

Meg, is one of our members who always has something to do. She and her husband have acreage that is occupied by lots of animals as well as a large garden. Many of us crafters gain the benefit of having fresh eggs every week delivered by Meg.

Meg and her husband are also very involved with the homeless shelters. We will be donating warm articles of clothing for those participants.

One of Meg's favorite things to make are knitted/ crocheted animals. Many of them are donated to Liberty House. Her creations come in all sizes, shapes, and colors.







^^^^^^^ Garden Club!

Since the garden club can't meet in person yet, here is a GARDEN crossword puzzle. It can be found at the url address below for readers to enter into their computer or other device.

under "Grimacing Gardener" www.word-game-world.com

Hoping all my GARDENING FRIENDS enjoy a safe Holiday Season....wear your masks as always.....enjoy the lovely colors, smells, sounds & sights of this beautiful SEASON.

STAY SAFE......think good thoughts for 2021......we shall meet again...!!!

Hello again from the "Nifty Thrifty" room. We are all aware that the covid pandemia has gone on a lot longer than any of us thought it would. We are still getting donations from time to time, so a few of us have been trying to keep up with the sorting, cleaning & pricing & then frantically trying to find a spot to store them.

We thought the members might also be interested to know that we have donated clothing to the "Fire Relief Fund" for our many neighbors from Detroit to Lyons . It was such a tragic loss for so many people and we felt good being able to give back to our community.

From all of us at "Nifty Thrifty" we hope you had a lovely Thanksgiving & we wish you Happy Holidays & hope to see you all in 2021!:

The Thrifty Gang!



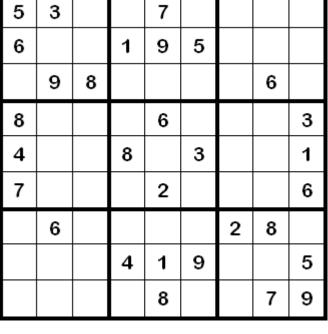














How to cook a Turkey

- Step 1. Buy a turkey
- Step 2. Have a glass of wine
- Step 3. Stuff turkey
- Step 4. Have a glass wine
- Step 5. Put turkey in oven
- Step 6. Relax and have a glass of wine
- Step 7. Turk the bastey
- Step 8. Wine of glass another get
- Step 9. Hunt for meat thermometer
- Step 10. Glass yourself another pour of wine
- Step 11. Bake the wine for 4 hours
- Step 12. Take the oven out of turkey
- Step 13. Tet the table
- Step 14 Grab another wottle of bine
- Step 15. Turk the carvey!

December 2020 Days to Remember

- 1 Eat a red Apple Day
- 4 Santa's List Day
- 7 Pearl Harbor Remembrance Day
- 8 Was Declared on Japan (1941)
- 10 Hanukkah Begins
- 13 Ice Cream Day
- 15 Iraq War Ended (2001)
- 18 Bake Cookies Day
- 21 Winter Begins
- 24 National Egg Nog Day
- 25 Christmas Day
- 31 New Years Day

Would you like to write an article for the newsletter? Have something to share? Drop your article off at the front office or email it to arturojg@comcast.net Deadline for submissions is **December13** for the **January** newsletter.

Christmas in America

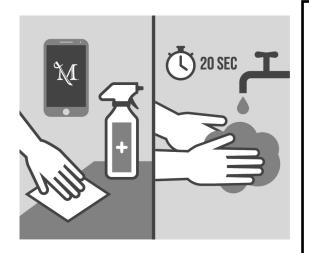
American Christmas customs, derived from many cultures, were given a special setting when Clement Clarke Moore wrote his famous poem "An Account of a visit from St. Nicholas" in 1823. Moore's poem---better known by its first line, "Twas the night before Christmas"---portrays St. Nick as a "Jolly old elf," not the austere churchman of European tradition. He rides in a sleigh pulled by "eight tiny reindeer" instead of a horse-drawn wagon. Children's stockings are "hung by the chimney with care," recalling the clogs left by Dutch youngsters to be filled by Sint Nikolass---a name transformed in New Amsterdam to Sinterklass, then Santa Claus. Indeed, Moore's poem provides a scenario for the elaborate Christmas rituals now enacted by multitudes of Americans.

Songs celebrating the miraculous birth of Christ include such favorites as "Silent Night" and "O Little Town of Bethlehem," Over the years new songs have been added to the repertoire, from "The Little Drummer Boy" and "Rudolph the Red-Nosed Reindeer" to "White Christmas."

Christmas trees, introduced by German immigrants, were first embellished with electric lights by an associated of Thomas Edison. Christmas cards, which were first sold commercially in England, have been taken over by Americans. We now send nearly 4 billion cards each year. And the offering of gifts from the Magi to the Christ Child has inspired such an explosion of gift giving that the Christmas shopping season is now the mainstay of American retailing.







Senior Center Lunch Pick Up

Marion-Polk Food Share has resumed lunch service Monday through Friday from 12:00 – 1:00 PM daily. Boxed lunches will be "Handed Out" at the side of the building near the kitchen. "Drivers are asked to remain in their cars". Kayla/Steve will greet you and take your orders; two option will be available daily.

For the present no donations or fees apply.

SSSC is not a Meals on Wheels distribution center. If you would like home delivery call 503-364-2856

SWEET POTATOES CASSERLOE

Ingredients

2 1/2 lb. sweet potatoes, peeled and cut into cubes

4 tbsp. butter, softened

1/2 c. milk, preferably whole

1/2 c. packed brown sugar

2 large eggs

1/2 tsp. ground nutmeg

1/4 tsp. pure vanilla extract

1 tsp. kosher salt

FOR THE TOPPING

1/2 c. all-purpose flour

4 tbsp. melted butter

1/2 c. chopped pecans

1/4 c. packed brown sugar

1/2 tsp. kosher salt

DIRECTIONS

Preheat oven to 350° and grease a medium with cooking spray. Place sweet potatoes in a large pot and cover with water. Bring to boil then reduce heat and simmer until the sweet potatoes are tender, about 15 minutes. Drain and let cool slightly then transfer to a large bowl.

Add butter to sweet potatoes and use a potato masher, or two forks, to mash. Add milk, brown sugar, eggs, nutmeg, salt and vanilla and stir until smooth. Transfer to prepared casserole dish.

In a medium bowl, add all of the topping ingredients and mix until combined.

Sprinkle the topping mixture over the sweet potatoes and bake until warmed through and golden on top, 25 minutes. Serve warm.

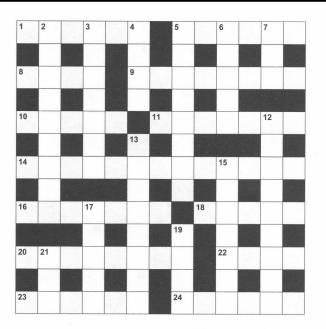


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Paula Hindman, 2nd Vice President	503-362-9038
Linda Peyton, Office Manager	503-363-4290
Alice Wells, Secretary	503-362-5139
Nancy Grabow, Treasurer	503-884-5521



Across

- 1 Relating to stars (6)
- 5 Supplanted (6)
- 8 Complain unreasonably (4)
- 9 Appended textual matter (8)
- 10 Repository (5)
- 11 Go before (7)
- 14 Expert in numerical calculations (13)
- 16 Twirl (7)
- 18 Boat (5)
- 20 Adhering to closely (8)
- 22 Fruit pie (4)
- 23 Flesh of sheep (6)
- 24 Flee (6)

Down

- 2 Bird frightener (9)
- 3 Harmonious relation (7)
- 4 Incline (4)
- 5 Unyielding (8)
- 6 Pertaining to sound (5)
- 7 Flightless bird (3)
- 12 Unsafe structure (9)
- 13 Oil and water mix (8)
- 15 Disordered (7)
- 17 Former gold coin (5)
- 19 Look at amorously (4)
- 21 Nineteenth Greek letter (3)

We appreciate your Donations

Theresa Walker Nancy Kuehn Eileen Riordan

Board of Directors

Arturo Guillen Linda Jones Dick McCullen Randy Miles Linda Peyton Kathy Parlet Roger Corrado

Community Connections

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Maintenance & Repair General Handyman Services:

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Keep updated on the latest news by visiting our **Webpage** https://www.southsalemseniors.org/

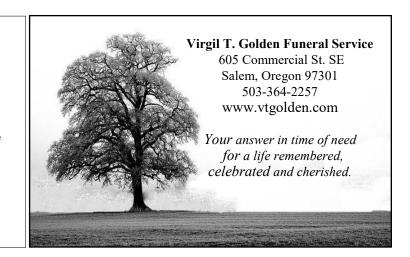


If you are reading YOUR newsletter online, underlined text will be a LINK to webpages!

Click to visit the site.

Follow our **Facebook Page** https://www.facebook.com/southsalemseniors/

We post helpful tips, plenty of photos, plus happenings in and around the South Salem Senior Center on our Facebook Page.



David L. Carlson, *Lawyer* 503-365-0373

Wills & Trusts/Probates
Estate Planning/Elder Financial Abuse
Conservatorships/Guardianships

Senior Center members will receive a 25% Discount on all estate planning

BROOKSTONE

ALZHEIMER'S SPECIAL CARE CENTER

Brandy Khlystov Administrator

5881 Woodside Drive S. Salem, OR 97306 **503.316.0687** 503.589.1753 fax

brandy.khlystov@jeaseniorliving.com

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Community Connections









South Salem Seniors Newsletter Monthly Publication

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South Salem Seniors, Inc. 6450 Fairway Av. SE Salem, OR 97306-1443

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You can receive your newsletter by mail, email or reading on the website: Call 503-588-0748

If your membership expiration date is highlighted, please renew to support your Senior Center.

Renewal membership \$20.00 a year



Soup 'R Meals Chef Todd Wieweck 503-428-1102

Meal Pick up Tuesdays at SSSC Kitchen 4-7:00 PM

6450 Fairway Ave SE Salem, OR 97306

Meals available for purchase during the center closure https://souprmeals.com/



Breakfast will resume When we open again Join us for pancakes or homemade

Biscuits and gravy. Served with eggs,
Sausage or ham, orange juice,
Coffee or tea