




Newsletter

Hello South Salem Senior Center. As I type this I am glancing over at the calendar, I believe we are into this Covid 19 sequester for roughly 2 months. That is the Senior Center has been shut down this length of time. I spoke to a friend who works for Marion Polk Food Share. He is working at home through this. He told me Meals on Wheels is putting out almost 700 meals a day. Apparently Center 50 has had no definitive time to open up. Needless to say neither do we.

I know most of us want to say enough already, we are lonely, we are bored. Many of us are just depressed. We would like to think of ourselves as an essential business. When one considers what the Center offers we are essential to each other's emotional well being. So many other businesses are trying to figure out where they fall in the definition of essential. This is really a no brainer for us. As seniors we are respected and loved by someone. For us to be put at risk is just not acceptable to many. For myself I can say I appreciate that. I have not spent 70 years on this planet to not be wanted, needed and loved. So I would ask you to stay on course, be careful and care for yourself and for the ones who love you. We will pass through this.

Many times as we age our life becomes quite mundane. Well sisters and brothers this is an experience we are living through along with a vast variance of ages. This is something we can talk about today and in the future. No way can this experience ever be categorized as mundane. I really would like to tell you I have been a pillar of peace, tranquility, and patience.

But truthfully I have driven out on a lone road and just howled and screamed.

I still cannot see my brother. We talk on the phone and through windows. I wish I could just hug him. I have rekindled a relationship

with my youngest sister that has been joyful. I believe my husband and I are more patient with one another. I Have not cut his or my own hair through all of this. No excuse, I know how. I believe I look like the woman that is described in a book that is called "The Woman Who Runs With The Wolves," That might explain me driving out into the country and screaming and howling. Two days ago I had my little furry Lily Dog euthanized. She was quite ill. One of my rationalizations was that I was afraid Darrel and I could pass from this blight on our planet. Who would then care for her? I am still nurturing my brother's little pup.

I am going to shut myself in for 2 weeks. I will then make the lone trip to Idaho to see my daughter and grandsons. They have been isolated for some time. My time away will be roughly 2 to 3 weeks. The business end of the Center will be looked over by Nancy Grabow and Linda Peyton. I have been doing this from home, so needless to say they have it covered.

We still have our 2 Vice Presidents. Heather Rivas and Paula Hindman. I told them to call me if the building burns down, otherwise they are on their own.

Please just remember you are strong, you are loved and needed. But most of all you are missed. Stand Strong for yourself and for those of us who love you
Blessings to you my dear friends,

Camille Lockling



Building Up Business

Robert Stockton

ACROSS

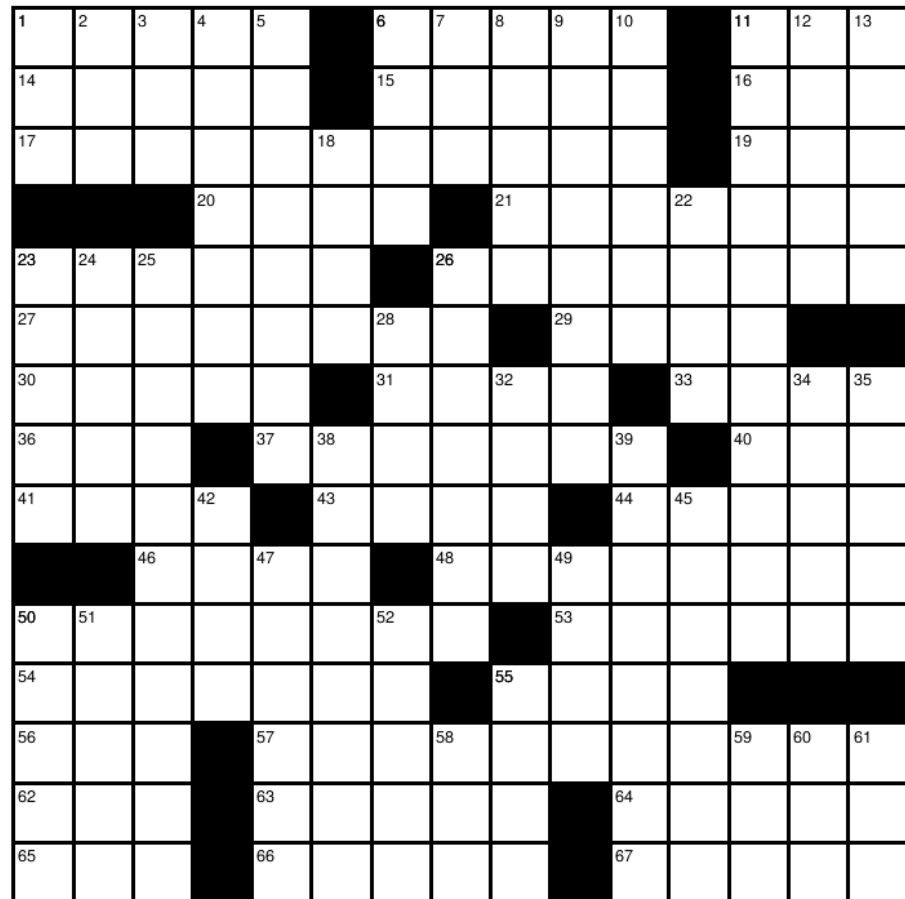
1. A mission to remember
6. Church of Eng. descendant
11. Pigskin org. for 2 seasons
14. Popular fungus
15. Scout rider
16. Take off
17. Furnishings business that might leave you cowed?
19. Hostelry
20. "The Lost Boys" actor Corey (1971-2010)
21. Souvenir from a tropical vacation
23. Winter Olympian Baiul
26. In a safe manner
27. Weight
29. ____ II (razor brand)
30. Indian princess
31. Ending for silver or pewter

33. Dash device
36. OPEC member with the motto "By the people and for the people"
37. Many poets
40. Doo-wop syllable
41. Part of an equitable division
43. Children's author Blyton
44. Subject of a piratical address
46. "Oh, woe!"
48. Inaccurately designated
50. Ignition specialist
53. Back on board
54. Is beaten by
55. Online qualifier
56. Sound of delight

57. All-night diner that makes you feel right at home?
62. Buckeyes' sch.
63. Online commerce
64. Altogether
65. Kind of cat or chance
66. They are nothing in music
67. Mid-April concerns

DOWN

1. Feedback generator
2. Canterbury can
3. Verb before "thou"
4. Natural gas, mostly
5. Shrub on a southern roadside
6. Dict. info
7. Rented mail dest.
8. Foolish
9. Less lenient
10. Be of like mind
11. Hamburger business that gives you the royal treatment?
12. With 47 down, Regis Philbin catch-phrase
13. Comic Bruce
18. Platinum record certifier
22. Proof word
23. Talk show host who notable endorsed Barack
24. Noted eucalyptus eater
25. Eyewear business fit for a castaway?
26. Beachfront fog
28. English actress Nell
32. Perform a second time
34. Vivacity
35. Composer of "The Seasons" oratorio
38. Risk being lost?
39. Platinum record, e.g.
42. Ice in a very large drink
45. Home of Horseshoe Curve since 1854
47. See 12 down
49. Arrived
50. Distant
51. Apollo 14 astronaut Stuart
52. Family room furniture
55. Afflictions
58. Honda sub-compact
59. Pittsburgh based steel giant, formerly
60. Noted T-Rex in the Chicago Field Museum
61. Dash lengths



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Activities

Crafters News !

Our Monday Afternoon Crafters always had such a good time whenever we would gather, that the closing of the center really left a void in our lives. Occasionally, I would see one of them or call them on the phone. "I miss our group so much! When is the center going to open? What is happening with ? Have you heard anything from ??"

I usually walk every day and going by a park is on my route. One day a group of ladies were gathered, sitting in lawn chairs 6 feet apart, wearing masks, raising their hand when they wanted to talk, etc. I thought, the crafters could do that right out in the parking lot at the center. So, on May 11th, we did that. 13 crafters gathered and we resisted the urge to give each other hugs, but we caught up on what was happening in our lives. The biggest complaint was about the hair salons being closed. Many of us could use a trim or a little color!

Audrey, a retired nurse, shared that she had made 75 face masks and donated them to the Salem Hospital. Linda, along with 3 others, formed an assembly line and have made 2000 masks donated to several assisted living facilities in Salem and Keizer, churches, Family Building Blocks, Simonka House, Liberty House, and they even created larger ones for a fire department!

Many of us are doing a lot of reading, talking on the phone, playing cards, catching up on projects, etc. Since we haven't met for a long time, we haven't been donating to organizations. Yesterday Patrice brought a thank you card from Hope Pregnancy Center and informed us that they are taking donations, as are Serenity Hospice and NW Hospice. Well, gals, we are back in business! We can now get back to work making afghans, scarves, hats, booties, fingerless gloves, fidget quilts, etc.

If you'd like to join us, come to the SSS parking lot on Mondays from 1:00 to 3:00, bring your own chair, sun-screen, hat, etc. IF it's not raining.

Arlene Williams



Garden Club

GREETINGS to our fellow gardeners.....!!!

Gardening has not been cancelled.....just the club meetings & it is hoped that many of you continue enjoying your gardens, digging in the dirt, visiting some of our local nurseries.

Stopped at Al's in Woodburn mid-April.....it was so wonderful being amongst all the gorgeous trees, shrubs, perennials & annuals they have to offer. I chose a Lime-Green Heuchera to brighten a shady spot in our backyard. All employees wore masks as did hubby & I, the carts were sanitized after each use & the flow of buyers went quickly.

Our Rose Lowery & Sandy Santiago started seeds before the lock-down & have been offering plants for sale at Rose's house. Club Members were phoned & urged to call her to order what they wanted & set a time when they could come & pick-up tomato plants, vegetables, plus other plants she had. Last chat she had a good selection/variety so give her a call.....503.581.4632

When the Senior Center re-opens we will have our usual meetings & visit gardens. PLEASE watch for NEWS & phone calls/messages with "WHAT'S HAPPENING" so we can get together again. Our usual meeting day/time will remain on the 3rd Monday at 1:00pm.

In February our Garden Club received a donation of various Garden Reference books & magazines from a woman who had been a Master Gardener for 19 + years. Next meeting we will share these books (in our reference section) & offer magazines to those interested. Very nice collection & we are thankful to have been chosen for this gift.

"Spring is when you feel like whistling, even with a shoe full of slush (mud)."
Doug Larsen

Cheers to gardening for stress relief. Barbara Castle.....503.375.7723



South Salem Senior Center
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Paula Hindman, 2nd Vice President	503-362-9038
Linda Peyton, Office Manager	503-363-4290
Alice Wells, Secretary	503-362-5139
Nancy Grabow, Treasurer	503-884-5521

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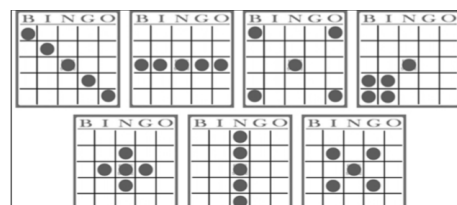
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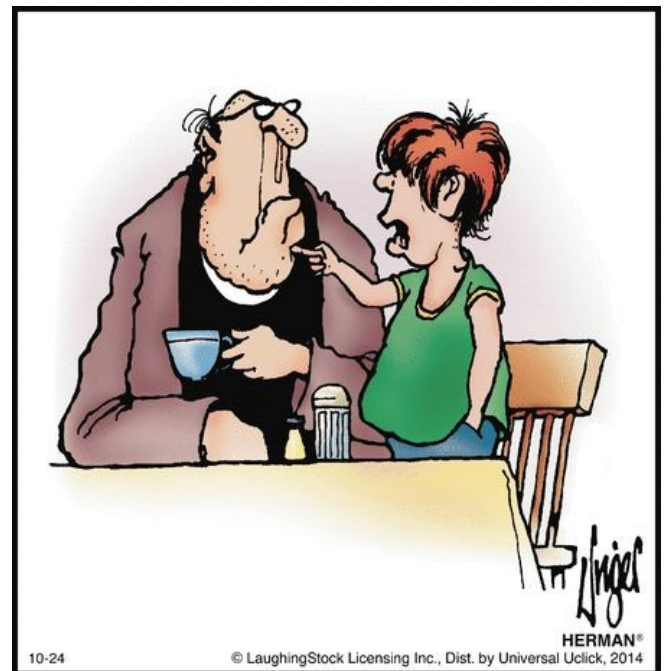


Trees Word Search

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Alder	Cottonwood	Pine
Apple	Cypress	Poplar
Ash	Dogwood	Redwood
Aspen	Elm	Sequoia
Birch	Fir	Spruce
Buckthorn	Hawthorn	Sweetgum
Cedar	Hazel	Sycamore
Cherry	Larch	Walnut
Chestnut	Maple	Willow
Chinkapin	Oak	Yew

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6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
				8			7	9



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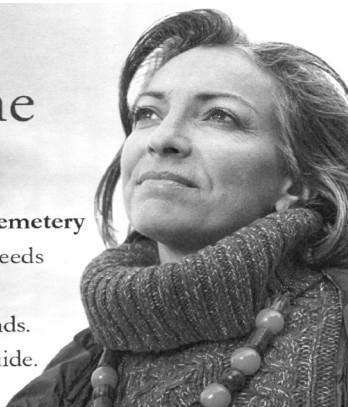
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