





South Salem Seniors December 2019 Program Activities

Sunday 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
	9 Chicago Bridge 9 Scrapbooking 9 Pool Players 1 Needle Craft	8:30 YOGA 9 China Painting 12:30 Bridge 1 Scrabble	9-12 Life Story 9-12 Pool Players 1- Financial Meeting	8:30 YOGA 9:30 Chess 9:30 United Health Care 12:30 Bridge 1 Pinochle	9 Chicago Bridge 9 Art Group 9 Pool Players 12:30 Double Pinochle 1- 3:45 Bingo	
8	9 Chicago Bridge 9 Board Meeting 9 Scrapbooking 9 pool players 1 Needle Craft	10 8:30 YOGA 9 China Painting 12:30 Bridge 1 Scrabble	11 9-12 Life Story 9-12 Pool Players 11-12 Providence 1- Financial Meeting 1 Members meeting Christmas party	12 8:30 YOGA 9:30 Chess 12:30 Bridge 1 Pinochle	13 9 Chicago Bridge 9 Art Group 9 Pool Players 12:30 Double Pinochle 1- 3:45 Bingo	14
15 10 Charity House	16 9-12 AARP Driving 9 Chicago Bridge 9 Scrapbooking 9 Pool players 10 Board Meeting 1 Garden Club 1 Needle Craft	17 9-10 AARP Driving 8:30 Yoga 9 China Painting 12:30 Bridge 1 Scrabble	18 10 Regence 9 Pool Players 9 Life Story 1 Membership Meeting 1 Atrio	19 8:30 Yoga 9:30 Chess 12:30 Bridge 1 Pinochle	20 9 Chicago Bridge 9 Art Group 9 Pool Players 12:30 Double Pinochle 1-3:45 Bingo	21 8-10 Pancake  Breakfast \$5.00 NIFTY THRIFTY 8 to 10
22 10 Charity House	23 9 Chicago Bridge 9 Pool players 9 AARP Drivers Training 9 Scrapbooking 1 Garden Club SOCIAL 1 Needle Craft	24 Center Closed 	25 Center Closed 	26 8:30 Yoga 9:30 Chess 11 Providence 10:30 United Health Care 12:30 Bridge 1 Pinochle	27 9 Chicago Bridge 9 Art Group 9 Pool Players 12:30 Double Pinochle 1-3:45 Bingo	28
29 10 Charity House	30 9 Chicago Bridge 9 Scrapbooking 9 Pool players 1 Needle Craft	31 Center Closed 				

South Salem Dining Room Menu December 2019

Weeks	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Week 1</u> Dec. 2nd—6th	Three Bean Salad Chicken Casserole Brussel Sprouts Sourdough Bread Pudding	Mexican Slaw Chicken Enchilada Broccoli Chips & Salsa Pears	House Salad Herb Roasted Chicken Mashed Potato Green Beans, Roll Fruit Salad	Beet Salad Swedish Meatballs Italian Veg Dinner Roll Angel Food Cake	Coleslaw Baked Fish or Chicken, Tater Tots Green Beans Dinner Roll Jell-O
<u>Week 2</u> Dec. 9th—13th	Three Bean Salad Cheese Ravioli Broccoli Sourdough Bread Pudding	House Salad Roast Beef Mash Potato Mixed Veg Dinner Roll Brownie	Asian Slaw Chicken Stir-Fry Yakisoba Noodles Sugar Snap Peas Oranges Fortune Cookie	Peas & Cheese Sloppy Joes Tater Tots Broccoli Hamburger Bun Fruit Salad	House Salad Tuna or Chicken Casserole Italian Veg Dinner Roll Jell-O
<u>Week 3</u> Dec. 16th—20th	Carrot Raisin Salad Chili Con Carne Brown Rice Broccoli Corn Bread Pudding	Mexican Slaw Chicken Enchilada Peas & Carrots Mixed Veg Chips & Salsa Oranges	Beet Salad Swedish Meatballs Italian Veg Dinner Roll Angel Food Cake	Peas & Cheese Herb Chicken Mashed Potato Brussel Sprouts Rosemary Bread Pears	Coleslaw Baked Fish or Chicken Tater Tots, Green Beans, Roll Birthday Cake
<u>Week 4</u> Dec. 23rd—27th	Holiday Salad Roast Ham or Turkey, Carrots Mashed Potatoes Cranberry Relish Pumpkin Pie	CLOSED FOR CHRISTMAS 	CLOSED FOR CHRISTMAS 	Beet Salad Spaghetti w/ Meat Sauce Brussel Sprouts Dinner Roll Mixed Fruit	Coleslaw Cajun Catfish or Chicken Dirty Rice, Italian Veg Corn Bread Pudding Pie
<u>Week 5</u> Dec. 30th-31st	Three Bean Salad Cheese Tortellini Broccoli Sourdough Bread Pudding	Asian Slaw Chicken Stir-Fry Yakisoba Noodles Sugar Snap Peas Oranges Fortune Cookie			