



How can I tell you a story about a lovely and a complex woman in so few paragraphs? The woman I am writing about is **Paula Hindman**. She has been a member of the Center since 2014, You will find her in Nifty Thrifty, serving at the Pancake Breakfast and our 2nd Vice President. She is Chairman for the Board Finance Committee. She has a wonderful smile and

a gentle demeanor. But yet, she has been a shrewd and strong career woman. She hales from a farming community called Grandville, Iowa. Population 350. She was the 3rd daughter and had a younger brother. There were 11 months separating her from her older sister and younger brother. She loved dressing up in her mom's clothes and playing house. She did have a playhouse that she decorated and played make believe in. Yet she played cowboys and Indians with her brother, tearing around with wooden guns whooping and hollering. She helped with chores, where she collected eggs, cleaned house and worked in the garden. Paula began school at four and a half years old in a combination kindergarten first grade school. Half kindergarten, half first grade. She stayed in this school until grade 3. She then attended Catholic School that was the predominant school of the community. Paula was a cheerleader in high school. She also participated in plays. She once played "Cinderella". Her ball gown was her older sister's wedding dress. I can picture Paula spinning around on a dance floor with her elegant slippers. Before graduating from high school Paula wanted to be a nurse but soon changed her mind. She attended a woman's Catholic college where she took teaching courses for 2 years. Her second year was a defining and painful time in her life. Her younger brother was involved in an auto accident. He was alone and never regained consciousness. He died at 2:00 a.m. surrounded by family. She had to return to college to do her practice teaching. She was given much support and love by her friends and teachers. Her

catholic upbringing carried her through and continues to do so. It is safe to say Catholicism has been the strength in her life. She is a member of Queen of Peace Church and a Eucharistic Minister.

During the Spring unbeknownst to her she met her future husband, , Bill Hindman, while she was on a blind date. She knew he was Mr. Right from the get-go. They had a long-distance romance while she finished her education and he pursued his career with IBM.

They married and had a daughter a year later. Over the next few years they adopted two sons. Their family was now complete. These children brought her 9 grandchildren and 4 great grandchildren. They were a normal family, they built homes, raised children and moved a bit with Bill's successful career. Paula was a homemaker, mother and eventually a college student again. She went on to obtain a teacher's certificate and taught elementary school. As fate would have it, she took a different path and went on to business school and became a secretary. She worked for a small architectural firm for 3 years and later was the General Manager at a Hilton hotel for 9 years. At the age of 65 Paula joined an Art and History Museum and became a docent. After training, she gave tours and presentations. But amazingly, Paula was not through. She went on to be a legal secretary for 4 more years where she and Bill had retired to in South Dakota. .

Paula lost her beloved Bill in 2010. They were married 52 years.

She has lived in Oregon with her family for 4 years. I know that I have left many details of this amazing woman out. As I said at the beginning I am working with too little space to tell you about her complex and interesting life.



Presidentially Speaking



Hello my South Salem Senior Friends. I would like to wish you a Merry Christmas, Happy Holidays, Feliz Navidad, Happy Hanukkah, or whatever floats your boat. I am pretty much a cynic when it comes to holidays. I often have to give myself a good talking to about my negativity concerning this. But please know as you read this, I desire health, joy and peace to all of us. So, if you celebrate or do not, I wish you happiness. If any of you are anything like me, I would encourage you to rise above negativity and come see us at the Center throughout the month. We will be decorating the day after Thanksgiving. So please partake of our company and enjoy our decorations. There most likely there will be goodies here.

Now, I am going to fill you in on what's happening here at the Center. We have just finished the Holiday Bazaar and I was told it was a success. Every event we have had at the Center I can safely say we learn something from. I know that I am always open to suggestions to improve. We will now have a new head of our Pancake Breakfast. His name is Todd Wieweck. Todd has an assistant named James. Sorry I have no last name. Presently he rents our kitchen for his Catering business. He has been with us approximately 3 years. Todd stepped up to the plate for this job and I for one am so grateful. I would encourage you to come and break bread with us. He starts this job in January, 18th. 2020.

At our next Members meeting we are going to have a Christmas get together. There will be an ever so brief meeting and then on to the festivities. I have hired a lady to play guitar and sing Christmas music or whatever she would like to entertain us. We always have cake or cookies. But this time I would ask you to bring a goodie or what I call real food to the gathering. We will also have coffee and punch. Please bring a small gift to exchange. \$5.00 and under please, that is of course unless it is for me.

If you are not a member then come anyway. You then might decide to join the Center.

On an ending note I will briefly share what has been happening in my life. I was diagnosed with acute Diverticulosis 3 weeks ago. I ended up in the emergency room. What a regime I have been on to

heal up the old gut-a-roonie. Two antibiotics and soft food. I personally prefer chewing. But I am now on the mend. The Center has been so supportive during this. All the more reason I am grateful for my membership here. I had years of working and not really not having time for cultivating friendships. This has definitely changed since joining the Center. Thank you all.

Camille Lockling



Activities

Monday Afternoon Crafters

"Hello! This is South Salem Center. How may I help you?"
 "This is Annie at Hope Pregnancy Center. I'd like to contact the lady who is in charge of the knitting and crocheting group."

A little later Heather contacted me and gave me Annie's number. I called and Annie pleaded with me to have the Monday afternoon crafters work on making baby hats and booties—immediately! They were nearly out. Whenever a lady comes in for a pregnancy test and it's positive, they are given the opportunity to select a hat and booties.

At our next meeting, I put out the word and everyone went to work. The accompanying picture shows the work from just one week!

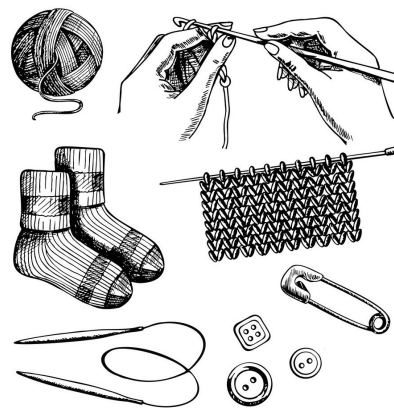
Since both the hats and booties are small, it doesn't take very long to create them.

We thank those ladies who create items for hospice, school children, babies, and Alzheimer's patients and just bring their work into SSS. Everything is appreciated by those who

are the beneficiaries.

If you'd like to join our group, we meet on Mondays from 1:00 to 3:00. We have yarn, needles, hooks, patterns, anything that you made need.

Arlene Williams



Garden Club

We will meet December 16 at 1:00 in the usual South Salem Senior Center meeting room for our end-of-the-year gathering. Please bring a small garden-themed gift or trinket for exchange ..costing less than \$1.00 if possible.....no more than \$5.00. and wear something seasonal (an ugly Christmas sweater??) to help set the mood.

We will enjoy GOODIES you bring & have a FESTIVE gathering. See you there! IDEAS to discuss for our new year programs 2020 will be MUCH appreciated.

As always, I appreciate suggestions, notes, calls regarding interests for our meetings & upcoming

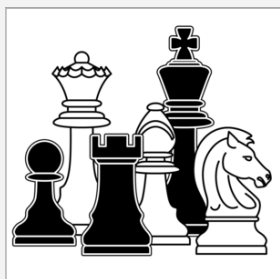
speakers. "A garden is a lovesome thing...that needs lots of involvement from many..."

PLEASE call Barbara (503-375-7723) or Sandy (503-851-8250)



Chess Players !!

Come and join us for a fun Chess Time every Thursday at 9:00 AM



GET YOUR ARTISTIC MUSE ON

Join Us for ART
 Acrylics, colored pencil, watercolor and drawing are all welcome.

Our group meets every Friday morning from 9-11 at the Center.

(No oil painting please)

Announcements

Free Money!!!

Did you know that Fred Meyer donates millions of dollars to nonprofits in Alaska, Idaho, Oregon and Washington each year? If you are a Fred Meyers customer (or want to shop there), you can help our Center without costing you a dime. This program is called the **Fred Meyers Community Rewards Program!**

Here's how it works: Link your Rewards Card to our Center at **www.fredmeyer.com/communityrewards**. Whenever you use your Rewards card when shopping at Freddy's, you'll be helping us earn a donation from Fred Meyer. At the end of each quarter, Fred Meyer will make a donation to participating nonprofits based on the accumulated spending of the Rewards customers linked to each nonprofit.

Do I still get Rewards Points, Fuel Points and Rebates? **YES!** Rewards Customers still get their full Rewards Points, Fuel Points and Rebates.

You can link your Rewards Cards to the South Salem Senior Center and they will direct donations to us. This is an ongoing program and you may enroll at any time. To Use the Fred Meyer Community Rewards Program: Simply visit **<https://www.fredmeyer.com>**. Once logged into their Fred Meyer account you can search for **South Salem Senior Center Inc** either by name or **JF418** and then click **Enroll**.

New users will need to create an account which requires some basic information, a valid email address and a *rewards* card. **REMEMBER, purchases will not count for your organization until after your participants register their rewards card.** Participants must swipe their registered Fred Meyer *rewards* card or use the phone number that is related to their registered Fred Meyer *rewards* card when shopping for each purchase to count. Rewards Cards are available at all registers or the Customer Service Desk at any Fred Meyer store.

Board Meeting

Monday, December 9 at 10 a.m.

Meeting is open to any interested member.

Agenda is posted on the hallway bulletin board.

Membership Meeting

Wednesday, December 11 @ 1 pm

See back page for more details.

South Salem Senior Center
6450 Fairway Ave SE
Salem, OR 97306
503-588-0748

[www: southsalemseniors.org](http://www.southsalemseniors.org)
ssscoffice@comcast.net

Officers:

Camille Lockling , President	503-269-1463
Heather Rivas, 1st Vice President	818-618-2180
Paula Hindman, 2nd Vice President	503-362-9038
Linda Peyton, Office Manager	503-363-4290
Kate Bayne, Secretary	503-399-7779
Nancy Grabow, Treasurer	503-884-5521

WELCOME to our Newest Members

We are glad you've joined us!

Keith Duran
Phil Bentley
Bonnie Burch
Victoria Rollings

We appreciate your Donations

South Salem Seniors would like to say thank you to Finishing Construction A.N.S Inc. For their donation of repairing our kitchen ceiling. They did an excellent job.

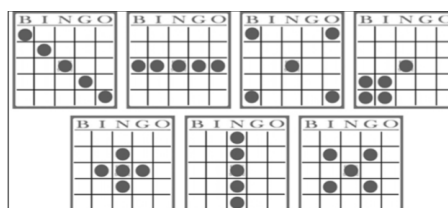
Play BINGO here every Friday

Win prizes and cash awards!!!!

Join in on the Fun and Friendship from 1 to 4 p.m.

(Card sales begin at 12:15 p.m.)

Minimum buy in is just \$3.75



The Brief History of Christmas in the United States

Christmas celebrations typical in Europe made their way into America in the southern colonies, where one could find feasting, gift-giving, hospitality, dancing and fireworks. The French in Louisiana, English in New York, and German in Pennsylvania also brought with them their Christmas traditions. "Most settlers and adventurers arriving in the New World welcomed Christmas as a day of respite from the routines of work and hardship." However, not everyone in the new American colonies shared a love for the day. The Puritans of the Massachusetts Bay Colony did not observe Christmas, with Governor John Winthrop even attempting to suppress it. One author writes, "The Puritans showed their disdain for this pagan festival by planning hard work for the day and passing a law forbidding the

celebration of Christmas."

By the late 19th and early 20th centuries, however, Christmas celebrations had become very popular and reflected the expanding commerce that America became known for following the Industrial Revolution. While it would be too negative to attribute the rise of Christmas in America solely to "capitalist greed," it "has always been more secular than sacred," and the business aspect has played a significant role in its popularity. But while the marketplace has had its influence, other factors have contributed, too, such as a longing for connection to the past and genuine desire to connect with others, such as in the giving of gifts.

Warmest thanks to

Volunteers Needed

If you have read our past newsletters, you know that our Center is run by volunteers. As with any organization, volunteers come and go but are the heart blood of our operations. So, we are in need of a volunteers to fill a very important job as Advertising Manager. We are looking for a qualified replacement. If you are interested in volunteering (or volunteering in other areas) please contact Camille Lockling at 503-269-1463

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O'Leanny Health Agency, sponsor of the October pancake breakfast.

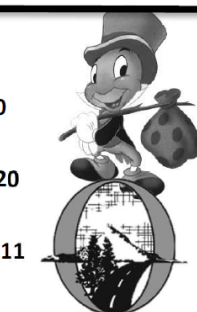
And The Springs at Sunny View sponsor of the November pancake breakfast.

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- * Ashland Culinary Tour – Nov 8-11
- * Charleston & Myrtle Beach – Dec 4-10
- * Shore Acres Christmas – Dec 16-18
- * Snow Coach in Yellowstone – Jan 16-20
- * Tucson AZ – Feb 25-29
- * Music & More in Tennessee – April 6-11

Call for Details or See them
On the Bulletin Board



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Would you like to write an article for the newsletter? Have something to share? Drop your article off at the front office or email it to arturojg@comcast.net Deadline for submissions is December 12 for the January newsletter.

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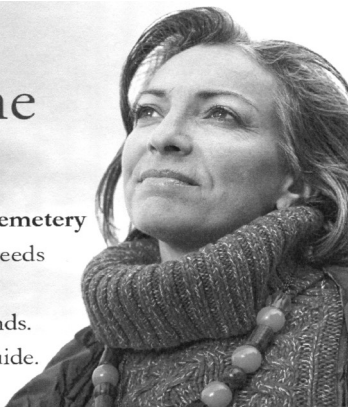
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We post helpful tips, plenty of photos, plus
happenings in and around the South Salem
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David L. Carlson, Lawyer
503-365-0373

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If your membership expiration date is highlighted, please renew to support your Senior Center.

Christmas Party !!!!

At our next Members meeting at 1pm on December 11th, we are going to have a Christmas get together. We will have live entertainment, coffee, punch, and cake or cookies. Please bring a favorite "goodie" or snack to be shared. Also, if you want to participate in a small gift exchange bring a small wrapped gift of \$5 or less {something you might like to get}. *(You must bring a gift to get a gift.)*



See you there – Merry Christmas!!!

PS. Non-Members please join us—all are welcome!!



December 21, 2019
8 to 10 a.m.

Join us for pancakes or homemade biscuits and gravy. Served with eggs, sausage or ham, orange juice, coffee or tea