



Presidentially Speaking... by Camille Lockling

Last month I mentioned that I was going to keep you updated on various financial issues throughout the center.

Of course some of those details are in a paper bag at the Center or on my home desk. I know they are in a brown bag titled stuff. And as luck has it I am in Seattle visiting my grand weebees. Donna Avina (newsletter editor) informed me via a text that I am running late with it.

She is almost ready to roll our newsletters hot off the printer. The one thing I remember is we were concerned about costs within the newsletter. Ms. Donna saved our bacon with no losses this last month.

I am learning the Heart of the Deal as I am encapsulated within the shrinking walls of insanity. Three boys under 11 years of age, 3 cats



and a large and shedding canine. Outside there are 12 inches of pristine snow, albeit it is melting. The kid's mother sits across from me with terror and despair. Continues on page 5.

First POTLUCK of 2019 Happy St. Patrick's Day! March 22, 5 p.m.

Come join us for food, friendship and music by the Rowdy Ramblers

Entrée: Pulled Pork Sandwiches provided by Center's Board of Directors.

Bring a casserole, salad or dessert to share. (Plus your own table service.)

We need to know how many will be attending so please sign up on the clipboard at the front sign in, or call the reception desk, (503) 588-0748, by **March 15.**

Guests are welcome but we need to know how many.

(Guests do need to bring a dish to share.)



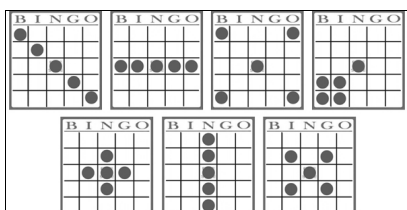
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OR Homemade Biscuits and Gravy, with
eggs, sausage or ham, orange juice,
coffee/tea



8 to 10 a.m.

March 16, 2019

JUST \$5

Moving forward

by Donna Avina

This is my last newsletter. I will be giving up my many volunteer jobs at our Center as of March 1, turning the newsletter creation over to Zoe Morrison, who also teaches a class once a month on preserving your old photos.

I need to take some time off from volunteering to work on health issues. I have enjoyed writing and publishing your newsletter and I hope you have enjoyed what I've presented.

The newsletter print production team will continue to consist of Roger Corrado, Arturo Guillen, Jim Scott, and Karen Sloan. Frances Hice is the proof-reader. Karen Voss, lead volunteer on the folding committee, and her dedicated volunteers fold and prepare the newsletter to be mailed.

I encourage you to read your newsletter because it is full of informative and entertaining information, and is the result of many hours of volunteer service.

Thank you for allowing me to be a part of this great volunteer team.

I urge you to support Zoe and the team as they make the transition from my way of doing things into Zoe's way. I'm sure there will be changes, but that is sometimes needed to be able to move forward.

St. Patrick's Day Facts, Fun and Folklore

Blue was the original color associated with St. Patrick, not green.



- St. Pat's Day is the traditional day to plant peas
- Cabbage seeds should be planted today, while you wear your nightclothes; makes them grow well!

Welcome!

New Members

We welcome these new members.

David & Church Simpson
Ann Salvatori
Juanita Schaffer
Clay Ruble
Billy Jean & Melanie Hill
James & Arlys Sanborn
Linda Hansen
Margo Rudd
Linda Wollam
Susan Graves

Dorothy Chapman
Kathy Carvatta
Theresa Beck
Carol Meyer
Karlan Cross
Ronald Chapman
Margaret Hughes
Karen Cross
Kathleen Burbey

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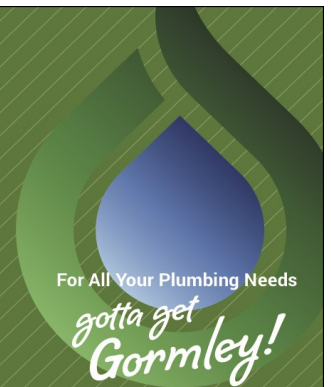


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Check Out the Nifty Thrifty Rummage Room

Stop by the Center's Rummage Room and check out all the great items for sale. There's a whole table of delightful Easter decorations, a table of toys, stuffed animals, lots of clothing and household goods, plus indoor and outdoor furniture.

OPEN Monday through Friday 8 a.m. to 3 p.m., 1st Saturday, 9 to 1, & 3rd Saturday 8-10.

Library

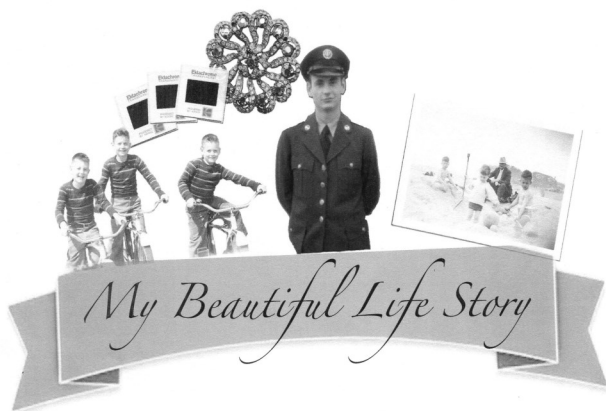
Your Center's Library has lots of paperbacks (25 and 50 cents each), and hardbacks (\$1). Lots of puzzles, games, CDs, DVDs, VHS tapes. We get donations in every day. Come by and see what we have to offer. We also have collectible vintage books.

Open to the public, 8 a.m. to 4 p.m., weekdays; the third Saturday of each month, 8 to 10 a.m.; and the **FIRST SATURDAY** of each month, 9 a.m. to 1 p.m. *Louise Kuebker, Librarian*

Workshop: March 14, 1-3

Sign-up on Center's hallway clipboards

Photos and stories fading away?



You need a professional photo organizer~

- Portable photo and slide collections
- Family bonding through story and pictures
- Personal history books and magazines
 - Legacy Folkart
- Keeping photos, slides and memorabilia safe from hazards
- Personalized video documentaries

Monthly Workshops

mybeautifulifestory.com

541-224-7715

Rummage Room Sale First Saturday of the Month Sale *March 2* 9 a.m. to 1 p.m.



SSSC Volunteers Wanted

Travel Coordinator: Plan trips, register travelers, and escort tours. (2+ days per week)

Newsletter (Backup) Editor: Write, edit and do computer graphics to assist current editor and fill in during an absence. (3-4 days per month). **Call 503-588-1443.**

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Senior Center Activities

Garden Club

March brings the first day of Spring, YAHOO!

Aren't we all ready for it after this snowy surprise from Mother Nature in early February?

Mid-February, as I write this, I am watching heavy rain and hearing strong winds. The snow has mostly melted from our hills.

Our March Garden Club meeting will be back on the usual third Monday of the month. This will continue through the end of the year. During Summer months we will go on local field trips, visit nurseries and other garden related activities. Please share hints and ideas for destinations that you would enjoy. Watch for new information in our Senior Center Newsletter.

The March meeting will be a Garden Chat, with hints, garden stories and any garden magazines you want to share. Our annual Garden Sale in May will be discussed at this meeting. It is never too early to begin planning.

Sadly, our 'tomato lady,' Eleanor, is moving to Spokane. We will happily accept another source of 'green thumbs' to take over this fun job.

Your presence is highly encouraged at ALL of our meetings. **Next Meeting: March 18, 1 p.m. Let's give SPRING a rousing welcome!**

QUESTIONS? Call the Center's main desk (503-588-0748), Sandy (503-851-8250), or me (Barbara). *Barbara Castle (503-375-7723)*



Monday Afternoon Crafters



Kate Jones, the Hospice coordinator, presented the sign they made for our group.

With snow, rain, and holidays, the Morning Craft Group continues to produce many items needed by others. Just for fun, I decided to keep track of the number of items turned in.

For three weeks in February, we knitted, crocheted, or sewed: 17 fleece shawls, 6 lap

robes, 7 matching hats and scarves, 15 hats, 5 scarves, 12 shawls, 1 baby layette of a blanket, hat and booties, 2 baby blankets, 2 baby hats, 3 pairs of mittens, 5 afghans, and 1 pair of slippers.

Since the Under the Bridge Ministry has ended, we have given most of our items to Serenity Hospice, which is just across the parking lot from the Center. They are very appreciative of our donations. Jennifer, one of the volunteers, was so impressed with our group that she made a wonderful sign for us. Kate Jones, the coordinator for Portland, Salem and Eugene brought us goodies to express her thanks for our donations. If anyone would like to join us, we meet every Monday from 1 to 3 p.m. *Arlene Williams*



South Salem Senior Center accepts cans and plastic bottles for **RECYCLING**

Springing Ahead

Benjamin Franklin, as a joke, was first to suggest Daylight Saving Time in 1784. In 1885, New Zealander George Hudson again proposed the idea, and was ridiculed for it. The idea was again revived in 1907 by Englishman William Willett to combat a "waste of daylight."

The Germans were the first to officially adopt it in 1915 as a fuel saving measure, but it was repealed in 1920 when dairy farmers opposed it. Since WWII Daylight Saving Time has been used around the world to save fuel, and to make better use of natural daylight. **(March 10, 2019, 2 a.m.)**



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Senior Center Activities

Continued from page 1

Presidentially Speaking... by Camille Lockling

The boys appear to be building some sort of fortress. One might ask if it is safe? I tell her they need to build that wall, and in this case I promise them unlimited snow time, cookies and milk if they keep building. Ahh, yes the Heart of the Deal.

The weebees seem to insist on playing all media on the highest decibels possible.

They now have an electronic presence with no human form that will answer all questions one will ask. She or he is called Alexa. Just assume complete trust in its answers, takes out all the hassle of research on one's part regarding a question. Alexa knows all. Best of all, one does not have to say please or thank you.

I am getting off track here, Alexa will be as loud as you wish. I felt my eyes twitching and teeth grinding with it. No pleases seem to work. I asked Alexa to shut the H up, but this grandma found if she did her version of the

Twist, Floss, and twerked or jerked (dance moves) in the line of the weebees vision, the decibels lowered. Yes the Heart of the deal. In case you do not know what twerking, jerking or flossing is just ask a youngster.

I am thinking of an Alexa for the Center. I am also thinking of incorporating the Heart of the Deal into my remaining Presidency.

Fashion Show and Tea Dates Changed

The Spring Fashion Show and Tea, originally scheduled for April 13th, has been changed to April 6.

Tickets will go on sale March 1, for \$10 per person. Sue Horn from Avamere Court (Keizer) will once again commentate the event.

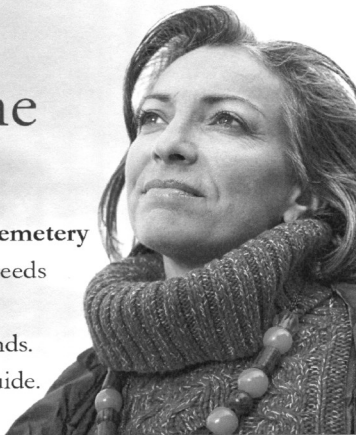
The fashion show will feature clothes and jewelry from the Nifty Thrifty Rummage Room, and the Center's Gift Shoppe. Volunteers will prepare and serve the food and teas.

If you would like to try out your runway modeling skills, or perhaps you'd like to assist with food prep or service, call the Center to volunteer (503-588-0748)

Tickets will be sold at the Center's reception desk.

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Travel Office

By Appointment



Tell Oregon West you heard about these trips at the So. Salem Senior Center



New tours coming, but not listed on this page are Italy, Maine, Washington DC, and Seattle's Christmas Ships, just to name a few!

COME IN AND CHECK OUT THE FLYERS

March 21-25: Fly Away Mystery Tour to largest city in nation not on a navigable waterway.

Deadline has past, but call for more information.

April 8-13: Sedona Moab & Monument Valley. Sedona, AZ, called "Red Rock Country," with parks, scenery, and the cool waters of the Colorado. **Deadline has past, but call for more information.**

April 23-26: Tri-Cities & the Snake River:

Learn about US's top secret Manhattan project (Hanford Site), and cruise the Columbia and Snake rivers thru North America's deepest gorge.

Deadline 3/12.

May 19-22: Lake Quinault & Ocean Shores. Unique landscape of rain forest, rugged mountains, lowland lakes, rivers and saltwater beaches. **Deadline has past, but call for more information.**

May 26-31: Philadelphia & Gettysburg. Philadelphia, brimming with history, home to America's most sacred historic sites: **Deadline has past, but call for more information.**

June 9-15: NE Oregon & Beyond. Breathtaking beauty and diversity. An Area steeped in history. Stops in Walla Walla, Clarkston, Joseph, Baker City, Baker, Bend, and Sisters.

June 22-24: Mount Rainer & Mount St. Helens. Washington's most famous icons. Views of old growth forests, stunning wild flower meadows, and an active volcano.

Deadline 4/21.

July 8-14: Mackinac Island & The Great State of Michigan. Step back in time to a time when transportation was limited to buggy, bicycle or foot. **Deadline: 4/4.**

July 15-21: Montreal & Quebec City, which are French speaking cities, are considered the cultural capital of the world with a glimmer of Old Europe and cobblestoned 17th century streets. **Deadline: 4/11.**

Aug. 18-22: Redwoods. Journey to a place declared America's most scenic country and home to the world's tallest trees. **Deadline: 5/16.**

Sept 20-Oct 4: Explore these World Heritage Sites from the perspective of art and architecture. A two-week celebration of the masters: Botticelli, Tittian, Michelangelo and so many others. **Deadline: 6/18**

If you are interested in any of these trips, come by the Center's Travel Office to pick up a flyer with more information, OR Call our Center at 503-588-0748, OR call Oregon West Excursions at 503-585-3979

Mention that you heard about trip through So. Salem Sr. Center.

Oregon West Slide Presentation

March 14, 1 to 1:45 p.m.

Learn about all the 2019 travel opportunities.

Did you know...

Traveling by steamboat was considered the height of comfort. Passenger cabins on the boats were not numbered. Instead they were named after states. To this day cabins on ships are called staterooms.

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**Wills & Trusts/Probates
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Conservatorships/Guardianships**

*Senior Center members will receive a
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Board Meeting

Monday, March 11, 10 a.m. Meeting is open to any interested member. Agenda is posted on the hallway bulletin board.

Membership Meeting

The next membership meeting is **March 13, 1 p.m.**
Reception and refreshments follow meeting

Potluck Dinner



Potluck

**March 22, 5 p.m. MARK
YOUR CALENDARS!**
Entertainment provided.

A BIG THANK YOU

from South Salem Senior Center to

HOLIDAY
RETIREMENT
Madrona Hills
Independent Retirement Living

for sponsoring our
February Pancake Breakfast

South Salem Seniors Newsletter Monthly Publication

Articles and editorials printed in the SSSC Newsletter reflect individual opinions and are not necessarily the Center's opinion.

Advertisements in the SSSC Newsletter do not necessarily carry the endorsement or guarantee of this organization.

South Salem Senior Center



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503-588-0748**

**www: southsalemseniors.org
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Officers:

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Randy Miles, 1st Vice President	503-585-3077
Paula Hindman, 2nd Vice President	
Alice Wells, Office Manager	503-362-5139
Kate Bayne, Secretary	

Donations for January 2019

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of

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You can receive your newsletter by mail, by email, or by reading it on our website. Call. 503-588-0748.

If your membership expiration date is highlighted, please renew to support your organization.



The family of Alma Patti wants to let her friends know that she died at age 86, February 2nd.

Saint Patrick's Day Word Search

V	G	D	H	V	C	T	Z	K	Q	W	P	V	A	R
X	Z	L	U	S	I	F	O	S	Y	O	C	Q	D	Q
Y	C	E	Q	B	P	A	N	O	T	B	N	B	R	Z
L	E	P	E	H	L	A	H	O	Q	N	J	V	A	K
N	L	R	U	K	K	I	F	S	E	I	X	C	C	O
A	T	E	J	E	C	G	N	E	I	A	M	I	L	I
N	I	C	S	X	O	I	R	P	Y	R	R	T	U	D
F	C	H	M	L	N	G	R	V	R	T	I	N	A	S
A	A	A	D	J	S	I	H	E	A	H	E	I	N	N
A	N	T	U	X	Z	M	D	F	P	M	W	P	A	V
N	D	N	E	G	E	L	W	N	B	I	U	S	U	P
N	T	J	W	W	K	L	Q	U	C	H	L	Y	U	P
J	B	Q	A	P	F	Z	O	K	U	N	Q	O	J	X
I	W	I	N	B	I	R	E	L	A	N	D	G	S	Y
J	D	C	K	C	O	R	M	A	H	S	Y	B	Z	X



celtic	dublin	green
ireland	irish	legend
leprechaun	limerick	patrick
potofgold	rainbow	saint
shamrock	snakes	



Puzzle of the month

I am composed of 4 letters.
 My first is in a fish, but not in an owl.
 My second is in shad, but not in a fowl.
 My third's in a crab, but not in quail.
 My fourth is in a mackerel, but not in its tail.
 My whole is a thing that it pays to hoe well.
 (*Answer on bottom of page 5.)

The Old Farmer's Almanac

South Salem Caregiver Connection

March 27 (4th Wed of each month) 2-3:30

Terrace Lake Park Clubhouse, 2120 Robins Lane SE, Salem

Presented by Northwest Senior & Disability Services

Open free to unpaid family caregivers and friends of older adults receiving care. Our monthly group explores ways to cope with the challenges & stresses of caring for a loved one and provides valuable information and resources. Drop-ins welcome! Group Facilitator: Amy Crevola, MSW 503-606-7620.